

Sai Vibrionics Newsletter

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“Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva.”
...Sri Sathya Sai Baba

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☞ From the Desk of Dr Jit K Aggarwal ☞

This is a special issue with 90 case histories lovingly offered to Bhagawan Sri Sathya Sai Baba on His magnificent 90th Birthday.

90th Birthday Issue

Dear Practitioners

This special issue of the Sai Vibrionics Newsletter commemorates the 90th Birthday of Our Beloved Lord, Sai Baba. It includes the 90 Case Histories that were presented to Swami on His Birthday. The original dedication is given below.

Our beloved Baba has taught us that in the physical world, there will always be duality. There will be good and bad, suffering and happiness, and sickness and health. Sai Vibrionics was created under the Divine Hand of our Lord to relieve human suffering. We who have been blessed to practice it know what a precious gift it is both for the patients we are privileged to treat and for ourselves His instruments. Let us rededicate ourselves to Swami's service as loving practitioners.

In reviewing the cases that practitioners have sent in for this special presentation, we have been struck by the differences shown among the patients healed, the variety of ailments treated, and types of treatments used. The one thing common to all the cases is the importance of love in the treatment. The love and caring that practitioners shower on their patients comes through in one case after another. This is how it should be in Sai Vibrionics. Without love, there can be no true healing.

We hope that all who read these cases will be inspired by these stories of patients and practitioners.

Sai has been leading every endeavour with Sai Vibrionics all the way, including this recent big undertaking. After an astonishing number of cases came in, we the members of the Newsletter team worked day and night to make sure that everyone's contributions would be included in the Birthday offering. Practitioners were very prompt in responding quickly to our requests for additional information and clarification.

Everyone worked together in a spirit of unity, inspired by the precious chance to offer a Vibrionics gift to Swami on His 90th Birthday.

We take this opportunity to thank all those people who have been involved in bringing it to a successful conclusion. This work would not have been completed without the generous and selfless service of many practitioners who set aside other work to help with facilitating this project. We are very grateful to the practitioners and coordinators who collected the case histories and helped us complete them. Our gratitude extends to the dedicated members of the Newsletter team who reviewed and edited the drafts, uploaded and prepared them for publication in the online Newsletter as well as the special book offering for Swami's Birthday.

In loving service to Sai
Jit K Aggarwal

Dedication

Presented to our beloved Lord, Bhagawan Sri Sathya Sai Baba
on the Occasion of His 90th Birthday, 23 November 2015

Dearest Swami,

At your Lotus Feet we humbly lay this bouquet of 90 Sai Vibrionics case histories. These reports of Divine healing from around the world testify to the power of your unconditional love to heal the sick and alleviate suffering. With boundless compassion, You have given humanity the gift of Sai Ram Healing Vibrations. You have blessed us to serve as Your instruments to bring this medicine to all in need and allowed us to witness Your miracles of healing.

With this offering, we offer our hearts, our minds, our everything in selfless service to You. We pray that You will continue to guide us to give the best and most loving care to every patient.

Case Histories Using Combos

The 90 cases are organised by category according to the practitioner's registration number.

1. Growing Tomatoes with Vibrionics ^{00002...UK}



The practitioner writes: I have been living in Puttaparthi near the Super Specialty Hospital for some years. I have a garden where I grow a variety of vegetables. The tomatoes in the garden are already (in November 2015) reaching heights of 6 feet just eight weeks after planting, and are looking healthy and strong with small buds ready to open. This is all due to our last year's experiment with Vibrionics. We were unhappy with our earlier plants that only reached a height of 4 feet with rather small tomatoes on them. So when the new seedlings were transplanted in 2014 we gave them: **CC1.1 Animal tonic + CC1.2 Plant tonic + SR264 Silicea 3X...OD** in water, sprayed on the plants using a 2-litre spray bottle

Just when the plants are moved from their seedling pots to the ground, they are under stress and hence need extra support, so we continued **OD** for three days. The plants immediately responded by producing new strong growth. Then we continued to spray every five days through the next few months. They grew to a height of just under 5 ½ half feet and were laden with healthy tomatoes. Some of them were very large – two or three were weighed and found to be half a kilo each (see photo).

We also noticed that our other vegetables – courgettes, spinach, Swiss chard, aubergines and varieties of lettuce etc – were healthier and stronger. All our plants are fed with garden compost and sprayed with a homemade chilli mixture to protect against caterpillars, aphids, flies, ants, mealy bugs and other pests. But this was the first time we had regularly given the above Vibrionics tonic and it was also the first time we had such big tomatoes. They tasted good too.

The practitioner's comment:

Here is the recipe for our chilli mixture, but giving the above vibro tonic alone also helps to make them resistant to pests: Boil half a kilogram of thinly sliced ripe *hot* chilli peppers in 3 litres of water for 15 to 20 minutes. Add 30 grams of soap and stir to make solution soapy, so it will stick to plants. Add 3 more litres of water. Cool and strain. Apply with a spray bottle or just an Indian cane broom used for sweeping.

2. Bird Revived after Hitting a Window ^{01339...USA}

On 22 September 2015 a small warbler flew into a window of the practitioner's house. It slammed into the glass at an angle and dropped to the deck. The practitioner grabbed a container of vibhuti and rushed out to sprinkle it on the bird and chant the Gayatri mantra. The bird was not moving, its head hung down, and it was initially panting very quickly. Its breathing gradually slowed and weakened. The practitioner stroked the little bird's back lightly. The bird appeared to have stopped breathing. Hurriedly the practitioner prepared vibro remedy in water in a small bottle cap, which she had at hand:

CC1.1 Animal tonic + CC10.1 Emergencies



She gently put the cap up to its beak while stroking its throat. Suddenly the bird swallowed some of the water. After a few minutes the bird lifted its head and took some more water. Within a short time, the bird began rotating its head to look around, its eyes blinking. After several minutes, the practitioner offered the bird a third dose of vibro water but the bird didn't drink. Instead it shot into the air with tremendous strength and flew off. The encounter lasted no more than 20 minutes.

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3. Malnourished Cat with Fractured Pelvis and Diarrhoea ^{02658...Italy}

On 4 November 2013 a malnourished cat with unknown injuries was seen on the streets of Rome by some volunteers. She was not sighted again for another ten days until she was found huddled in a corner. Emaciated, in pain and barely able to walk, the cat was taken to the vet. An X-ray revealed that she had a two-week-old fracture of the pelvis. The cat also had diarrhoea so she was treated for worms. One of the practitioner's patients took the cat home from the shelter, looked after her in a protective kennel and sought vibrionics treatment. On 25 November the cat was given:

CC4.6 Diarrhoea + CC12.2 Child tonic + CC20.7 Fractures...TDS

Within a week the diarrhoea had stopped completely and the cat started to put on weight. A repeat X-ray on 5 December showed the pelvic bone was healing well. Kitty the cat was now able to walk and came out of the kennel. A final X-ray at the vet's about a month later (5 January 2014) showed the pelvic fracture was completely healed. Kitty went back to her normal weight and was now frisky enough to come out of her kennel and loudly challenge two other cats in one encounter. Her health was good.

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4. Inflammatory Bowel Disease (IBD) & Rapid Pulse (WPW) in a Cat ^{02667...UK}

The practitioner's cat, a 15-year-old ginger-coloured neutered male named Garfield, was diagnosed with three serious diseases. The first was inflammatory bowel disease (IBD) affecting the small intestine, pancreas and liver. Symptoms included vomiting and loose stools. Antibiotic tablets were prescribed by the veterinarian but it was difficult for his human caretaker to administer these without being painfully scratched, so the medicines were potentised in the SRHVP to make his vibrionics remedy.

In addition, the cat had Wolfe-Parkinson-White (WPW) syndrome, a rare heart condition that caused a rapid pulse of up to 400-500 beats per minute (For a cat, a normal pulse is 200 beats per minute). Also, the vet suspected a blockage in the heart's electrical system caused by a clot or tumour and prescribed a beta-blocker and aspirin. Again there were substantial problems in giving the medications. The cat also suffered side-effects from them after they were given, so a replacement vibro treatment was broadcast by the practitioner.

For IBD:

#1. CC4.6 Diarrhoea + CC4.7 Gallstones...6TD

For WPW:

#2. CC2.3 Tumours & Growths + CC3.2 Bleeding disorders + CC3.6 Pulse irregular + CC15.1 Mental & Emotional tonic...6TD

For cardiac blockage:

#3. Beta-blocker and heart pills potentised in SRHVP...BD

For overall health:

#4. CC1.1. Animal tonic...TDS

The duration of the broadcasts varied from 1 minute to 9 minutes depending on the cat's condition and what the practitioner felt guided to do.

For two months Garfield was stable but had little appetite or interest in drinking, so a **potentised steroid** was also broadcast. As the cat became weaker, the practitioner also started broadcasting **potentised food remedies** to him every day. This helped Garfield's digestion and seemed to prompt him to start drinking again. The effects of the broadcasts were noticeable because he always perked up during broadcast. However, one day the practitioner found him in very poor health having vomited in the morning. His back legs had stopped functioning. The practitioner suspected that the paralysis was caused by the heart condition. She put him on the sofa and immediately broadcast:

#5. CC10.1 Emergencies...for 9 minutes

The combo calmed him within minutes. Not wishing Garfield to suffer any longer, the practitioner called the vet to arrange for him to be put to sleep that evening. It was Baba's Grace that it was not possible to take Garfield any earlier because the cat responded to the very next broadcast:

#6. CC18.4 Paralysis...for 9 minutes or more

When the practitioner returned to Garfield a short time later, she found him hobbling toward his litter! She decided then and there that, even though he was doing poorly, the cat was not ready to be put to sleep, so she cancelled the evening appointment with the vet and spent the night watching over him. She continued hourly broadcasts of #1, #2, #4, #5 and #6, and also:

For a peaceful end:

#7. SR272 Arsen Alb 10M

For this cat, however, this was not the time to leave. After the broadcasts, he stopped vomiting and started walking without wobbling. His appetite also returned. With patience and care, Garfield continued to improve. During this recovery period he caught, killed and presented the practitioner with a rat, demonstrating he was nearly ready to return to his job.

Editor's note: A shortened version of this case was published in the 2014 International Sai Vibrionics Conference Proceedings. This extended version provides evidence of how effective broadcasting can be and shows how useful it can be to make potentised remedies with the SRHVP.



5. Eye and Head Injuries in a Cat ^{02750...Canada}

Sweetie, a female street cat, was raised from birth by the owner. In November 2014 a neighbour caught Sweetie drinking his milk and hit her on the head and mouth, then threw her in the open street drain. The owner brought the cat to the practitioner's home on his motorcycle. They observed Sweetie, one eye swollen shut with her lips torn, bumping into furniture. The practitioner prepared:

CC1.1 Animal tonic + CC7.1 Eye tonic + CC10.1 Emergency + CC18.5 Neuralgia

Five pills were to be dissolved in water or milk in a small plastic or glass container and given to Sweetie to drink at will. The following day Sweetie began drinking the milk and in two days she was running around the home, obviously restored and on the way to full recovery.



6. Cancer in a Dog ^{02864...USA}

A woman brought her 6-year-old dog Henry to see the practitioner because he had been diagnosed with thoracic (chest cavity) cancer. The cancer was so far advanced that the veterinarian had given him very little time to live. The dog had shortness of breath, and the practitioner was able to feel and see the cancerous growth. The following remedy was given:

CC1.1 Animal tonic + CC2.1 Cancer + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC19.1 Chest tonic + CC19.3 Chest infections...BD in water

After the first week the owner reported that Henry was looking healthier and seemed to be in less pain.

At the same time, the owner had another dog that had had a growth on his neck for almost 12 years. The growth had recently opened. It was then removed by the vet under anaesthetic. This dog was also drinking from the same bowl as Henry. After three weeks of taking Henry's remedy, this dog's health took a noticeable turn for the better. His owner is convinced that this dog's quick recovery from surgery was due entirely to the fact that he shared Henry's Vibrionics water.

Henry's health continued to be stable. The cancer slowed, but the owner felt that the cancer was too far advanced before the treatment had started for the dog to achieve a complete cure, and the inevitable was only being delayed. To spare him any more pain, the family decided to put Henry to sleep after six weeks' treatment.



7. Cat with Worms ^{03528...France}

The practitioner suspected that a 2-year-old cat had worms because it was very thin and weak and its fur was falling out, despite eating very well. On 27 June 2015 the cat was given:

CC1.1 Animal tonic + CC 4.6 Diarrhoea...5 pills dissolved in 200ml of water daily and put in a bowl for the cat to drink throughout the day, for 7 day

After 8 days of drinking the Vibrionics water, worms in the shape of rosaries were seen in the cat's faeces. Within a month the cat had gained weight and recovered its strength.

To ensure that the worms did not return, the above treatment was repeated a month later, beginning 31 July.



8. Ovarian Cancer ^{02799...UK}

A 56-year-old woman with stage-3 A2 clear-cell carcinoma of the ovary (OCCC) was seen on 5 September 2014. The patient had a history of cardiac problems. She had been hospitalized with severe pulmonary oedema in July 2013 after a heart attack with severe blockages in most arteries and only 30% cardiac function. She was deemed unsuitable for any treatment and sent home. She was then treated with Vibrionics and made a startling recovery. (For details of this case see *Proceedings of the 1st International Conference of Sai Vibrionics*, "#1. Heart Attack", pp. 53-54).

The patient suffered from other chronic conditions: Type-2 diabetes, which was well controlled with Insulin injections and oral allopathic medication; and pancreatitis, also well controlled with allopathic medication. Since May 2014 the patient had been suffering from bloated abdomen, cough and nausea. Scans revealed a mass in the ovary. On 29 July 2014 she had total hysterectomy, and the ovarian cancer was diagnosed. Chemotherapy was started but she collapsed at the very first session on 1 September 2014 due to fluid overload in the lungs. The chemo was stopped and the patient was discharged after three days. She did not take any further treatment for the cancer. She was treated with the following combos:

#1. CC2.1 Cancers - all + CC2.3 Tumours & Growths + CC4.2 Liver & Gallbladder tonic + CC4.3 Appendicitis + CC4.7 Gallstones + CC4.10 Indigestion + CC4.11 Liver & Spleen + CC8.1 Female tonic + CC10.1 Emergencies + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC19.3 Chest infections chronic + CC19.6 Cough chronic...6TD

#2. NM45 Radiation + NM113 Inflammation + SM2 Divine Protection + SM5 Peace & Love Alignment + SM6 Stress + SR324 X-Ray + SR348 Cortisone...QDS

After four weeks, the patient reported feeling 50% better. Her appetite was back to normal and the nausea was completely gone. She felt more energetic. **#1** was reduced to **5TD**, and **#2** was continued **QDS**. After four months, in January 2015, her scan results revealed no trace of cancer anywhere. She felt 75% improvement now. Both **#1 and #2** were continued **QDS**. After six months, the patient reported feeling 90% better. Further scans in March 2015 confirmed no trace of the cancer in any of her organs, and she was given the all-clear. So both remedies were reduced to **TDS**. On 13 August 2015, patient reported feeling very well; she was travelling and leading a very active life. Both remedies were reduced to **BD**. As of 7 October 2015, the patient was continuing to do very well. **#2** was stopped at this point, and **#1** was continued **BD**. All scan reports are available.

The patient's daughter's comments:

It has been an extremely difficult two years for our family. After initially surviving a cardiac arrest, Amma (mother) subsequently discovered that she had severe 3-vessel coronary artery disease. The only option left for her was a heart transplant. However, the risks outweighed the benefits. Medical experts suggested a further mild attack could end her life.

Amma has been religiously taking Swami's Vibrionics. When my mother went in for follow-up appointments at the hospital, the doctors were astonished at the quality of life she leads and the progress she has made. Doctors expected her to be wheelchair-bound with a poor quality of life. Instead, she carries on with about 85% of the life she once led.

Sadly a year later, Amma was diagnosed with an ovarian cyst which turned out to be clear-cell cancer, stage 3. Doctors questioned whether she would survive the hysterectomy operation, yet this remarkable woman woke up in the operating theatre and started asking for her family. Doctors believed that the cyst was removed without any spillage or spreading.

Amma was given Swami's Vibrionics specifically for cancer prior to the procedure and after. She was also scheduled for six sessions of chemotherapy. Disappointingly she was left in the hands of junior doctors and suffered another heart attack during her first session of chemotherapy. As a result, her doctors discontinued the chemo treatment.

Since then she has continued to take vibrionics and the doctors believe she is showing positive signs of remission. My mother, who survived a heart attack to be diagnosed with severe heart disease and then stage-3 clear-cell cancer, now enjoys a good quality of life.

The miracle of Swami's Vibrionics speaks for itself.

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9. Tumour on Nose, Chronic Indigestion ^{03524...USA}

An elderly man of 83 came to see the practitioner for treatment of a large tumour on the tip of his nose. It was benign but it had been growing for almost five years with additional bumps developing on top of the

original tumour. His doctor had treated him with different allopathic drugs, none of which had helped. In fact the antibiotic minocycline, having several side effects, made the tumour worse. Whenever he touched his nose, there was a lot of irritation and the tumour felt greasy. The patient also complained of chronic indigestion of about twenty years duration. He had several other health problems, but first wanted help with the tumour and indigestion. On 3 July 2015 he was given:

For tumour and indigestion:

#1. CC2.3 Tumours & Growths + CC4.10 Indigestion + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic...TDS

After a week he told the practitioner that the remedy was "good". His digestion was 40% better, and although the tumour looked the same, there were no new bumps, a cause for hope. After a month he reported his digestion was "great", at least 70% improved. He was also very happy because the tumour had started to shrink. It was down by about 20% and the skin colour had also started to improve. In another month his indigestion was completely cured and the tumour had shrunk about 80%, a striking improvement.

The remedies were then changed because the dosage for the indigestion combo needed to be reduced. On 18 October, the patient was given:

For indigestion:

#2. CC4.10 Indigestion + CC10.1 Emergencies....OD

For tumour:

#3. CC2.3 Tumours & Growths + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic...TDS

He was not taking any other medication for his tumour or indigestion while under vibrionics care. On 10 November, all the bumps had smoothed away. In the beginning the shrinking of the tumour happened very quickly and the pace slowed down later. There was no irritation and the tumour was dry. In addition to taking #3 orally, the practitioner gave him:

4 CC2.3 Tumours & Growths... in pure petroleum jelly for external application as needed.

When the patient visited his doctor, he was astonished to see the tumour practically gone and was surprised to hear about the miracle cure "vibrionics!" The patient is extremely happy with vibrionics and is starting treatment for diabetes, high cholesterol and high blood pressure.

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10. Diabetes, Lump under the Ear ^{10399...India}

A 41-year-old man suffering from diabetes for three years came to the practitioner in June 2010. He was taking allopathic medicine but wished to take Vibrionics also. He was given:

For diabetes:

#1. CC3.1 Heart tonic + CC6.3 Diabetes + CC7.1 Eye tonic + CC12.1 Adult Tonic + CC13.1 Kidney & Bladder tonic...TDS

He visited the practitioner regularly for his monthly refills. After nine months he developed a muscular knot in his neck just beneath his left ear, for which he consulted his doctor. The doctor advised him to have it surgically removed to eliminate the risk of cancer, but he decided against it. During the next 2-3 months, the bulge became quite big, so he decided to get vibro treatment on his next visit to the practitioner. The practitioner changed his treatment to:

For tumour and diabetes:

#2. CC2.3 Tumours & Growths + #1...TDS

One year later, the growth had softened and after 20 months, it completely disappeared. The patient's treatment was changed back to **#1...TDS**.

As of October 2015, the patient was happy as his doctor had been gradually reducing his allopathic medicine for diabetes. He continues to take **#1**.

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11. Benign Calcification of Breast ^{11573...India}

A 55-year-old close relative of the practitioner was worried after a recent mammogram showed that she had Category 2 benign calcification in her left breast. She had undergone surgery for cancer in her right breast nine years earlier and was having regular check ups since then. She came to see the practitioner on 3 May 2015 when she decided to take vibrionics and stop other treatment. She was given:

CC2.1 Cancers + CC2.2 Cancer pain + CC2.3 Tumours & Growths + CC8.3 Breast disorders + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

Three months later, much to her delight, new tests showed that the calcification was gone. The breast tissue was normal. The patient continued taking the remedy for three more months. As of November 2015, the practitioner plans to put her on maintenance dose of **OD**.

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12. Heart Palpitations (irregular heartbeat) and Painful Hip ^{01620...France}

A 77-year-old woman sought treatment on 20 April 2015 for chronic heart and hip problems. For one year, she had been having frequent episodes of heart arrhythmia. When the palpitations started, they could sometimes last all day. She was very worried because she thought she had heart disease. However, her electrocardiogram was normal.

In addition, she had developed pains in the left hip four months ago but the X-rays showed nothing abnormal. Due to the hip pain she had difficulty walking and climbing stairs and became very tired if she moved or carried heavy things. The patient did not like allopathic medication and therefore had not taken any to treat her conditions.

During the consultation she talked incessantly and worked herself up into an emotional state. This seemed to be a habit. She was given:

For heart palpitations:

#1. CC3.6 Pulse irregular + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS and if in crisis, 1 dose every 10 min for 1 hour or 2 hours if necessary

For hip pain:

#2. NM3 Bone I + CC20.3 Arthritis + CC20.4 Muscle & Supportive tissue...TDS

Ten days later the patient reported that the palpitations cleared after taking #1 frequently for one hour. The patient was advised to learn to relax using cardiac coherence technique.

Four weeks later the patient reported that she had no pain in the hip and she could walk normally. Although the patient found cardiac coherence technique was a good thing, she did not use it to manage the palpitations.

Six weeks later she reported that she did not have any palpitations and could walk 6 km or more at a time (nearly 4 miles). She said that it was a long time since she had felt so well.

The dosage for both remedies was reduced to **OD** for two weeks, **2TW** for a further two weeks, and then **OW** for two weeks before stopping. As of September 2015, the patient continues to feel very well and is very happy and grateful.

If using the 108CC box give for #2: CC20.1 SMJ tonic + CC20.3 Arthritis + CC20.4 Muscle & Supportive tissue

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13. Poor Circulation, Back Pain, Leucorrhoea and Urticaria ^{02799...UK}

A 76-year-old lady suffering from very cold feet, back pain and leucorrhoea was seen on 23 July 2014. She had always suffered from cold extremities due to poor circulation since childhood. The back pain was due to spondylitis. It was of 20 years' duration and was being treated with pain killers with poor relief. Apart from this, patient was not on any medication. She was treated with the following combos:

For poor circulation:

#1. CC3.1 Heart tonic + CC3.5 Arteriosclerosis + CC3.7 Circulation + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS for one month, then TDS

For spondylitis:

#2. CC18.5 Neuralgia + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine...QDS for one month, then TDS

After 3 ½ months, the patient reported 30% relief in her symptoms of cold feet and 20% relief in her back pain. She was taking **#1** and **#2 TDS**.

The patient also disclosed another distressing problem: for the past 1½ years she had been suffering whitish vaginal discharge due to leucorrhoea and vaginal itching due to urticaria. She was not under any treatment for this. She was given the following combos:

For leucorrhoea and urticaria:

#3. CC8.1 Female tonic + CC8.5 Vagina & Cervix + CC21.1 Skin tonic + CC21.3 Skin allergies + CC21.7 Fungus...QDS for one month, then **TDS**

After seven weeks, the patient reported complete healing of the leucorrhoea and urticaria, for which she was very grateful. **#3** was reduced to **BD** for a week, then **OD** for another week before stopping. Her other symptoms were also significantly reduced: Her back pain was 70% better, and the cold feet were 50% better. She continued to take **#1** and **#2 TDS**.

When seen on 30 May 2015, both her back pain and cold extremities were 90% better, so **#1** and **#2** were reduced to **BD**. On 23 September 2015 the patient reported that her back pain and the cold feeling in her feet were completely gone. As of October 2015, she continues to take **#1** and **#2** at **OD**.

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14. Anaemia ^{02799...UK}

A 26-year-old woman suffering from iron-deficiency anaemia was seen on 10 July 2015. She had been feeling very tired in recent months. After the deficiency was diagnosed through blood tests, she was prescribed oral iron supplements by her doctor, which resulted in constipation and aggravation of her haemorrhoids so she stopped taking them. She was not taking any other medication. She was given: **NM2 Blood + NM12 Combination 12 + NM22 Liver + NM45 Atomic Radiation + OM1 Blood + OM28 Immune System + BR1 Anaemia + SM1 Divine Protection + SM5 Peace & Love Alignment + SM6 Stress + SR216 Vitamin E (organic origin) + SR256 Ferrum Phos + SR306 Phosphorus + SR324 X-Ray + SR360 VIBGYOR + SR361 Acetic Acid + SR494 Haemoglobin + SR529 Spleen + SR561 Vitamin Balance...QDS**

After six weeks, her fatigue had been cut in half and she felt more energetic. The dosage was reduced to **TDS**. In October 2015 the patient felt that she was completely back to her normal self. Results of a blood test on 12 October confirmed that her iron level was now normal, so the dosage was further reduced to **BD**.

If using the 108CC box give: **CC3.1 Heart tonic + CC4.2 Liver & Gallbladder tonic + CC4.4 Constipation + CC12.1 Adult tonic**

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15. Mini-strokes post Heart Surgery ^{02890...USA}

The practitioner's 74-year-old sister had a heart attack in 2013 and underwent heart-bypass surgery. Post surgery, she experienced several transient ischemic attacks (TIAs, mini-strokes) due to undiagnosed blood clots. Unfortunately this affected part of the brain that controls the swallowing/choking impulse, so she could not eat or talk without choking, even when she was at rest. She was discharged after a month's treatment, including anticoagulants and medication for high cholesterol. The practitioner stayed with her for support and treated her with the following combos:

For body aches and joint pains:

#1. CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue...BD

For stroke and heart attack:

#2. CC3.4 Heart emergencies + CC3.5 Arteriosclerosis + CC18.4 Paralysis...BD

For liver and skin:

#3. CC4.2 Liver & Gallbladder tonic + CC4.10 Indigestion + CC21.1 Skin tonic + CC21.5 Dry Sores...BD

When the first dose of **#2** was put under her sister's tongue, there was visible improvement. Her eyes sharpened and she showed a momentary semblance to her old energetic, multi-tasking self. This strengthened the patient's faith in vibro medicine. She continued to take the vibro as prescribed. Her choking gradually diminished and by the end of one year, it was 100% gone.

As of October 2015, the patient continues to take the vibro, but somewhat inconsistently. Although she has slowed down, she is amazingly back to her old self.

The practitioner's comment:

The Grace of God is apparent in this healing, and it has been a rewarding experience for both the patient and the practitioner.

16. Inguinal Hernia ^{02899...UK}

A 63-year-old male was diagnosed with an inguinal hernia on 29 June 2015. The day before he had developed pain in the groin area whilst sitting on a chair and performing a religious ceremony. There were no advance indications of this condition. By the next time, when he had a medical exam, the condition had become extremely painful. The doctor had to push the bulging intestine back into place twice. The doctor recommended surgery, but the patient turned this down preferring to take painkillers with Vibrionics (without the doctor's knowledge) to see whether Vibrionics would clear it. The doctor agreed to monitor the situation for 6-8 weeks but asked the patient to go straight to hospital if the condition got worse. The practitioner gave the patient:

CC4.9 Hernia + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS in water

After one day of taking the remedy, the pain was reduced by 50% but the intestine was still pushing through the perforated abdominal wall. After three days' treatment, the pain was reduced by 80% and the intestine was pushing through only once a day usually in the mornings before the opening of the bowels. This got better over the next four days. By then the pain had gone completely. The patient could not feel any intrusions into his abdomen. After two weeks he was feeling 100% better.

At his most recent appointment with the doctor in second week of September 2015, it was confirmed that the condition had cleared. The doctor stated that some patients do manage to strengthen the muscles in the area, which is what had happened to this patient. The doctor advised the patient not to lift heavy weights and to do exercises that strengthen the muscles in the groin.

The patient was advised to continue with the preventive dose of **OW**, but he continues to take the remedy **OD**.

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17. Chronic Abdominal Pain & Constipation ^{03523...UK}

An 8-year-old girl had been suffering from abdominal pain for three years. This was a dull pain that fluctuated during the day but increased at night. Some nights she would roll around on the floor due to the severity of the pain. In spite of hospital tests, doctors were unable to identify the cause. For the past 11 months she had also been suffering from constipation and was taking allopathic medication for this. On 24 March 2015 she was given:

#1. CC4.3 Appendicitis + CC4.4 Constipation + CC12.2 Child tonic + CC13.2 Kidney & Bladder infections + CC15.1 Mental & Emotional tonic...TDS

After one week the mother said that there had been a slight improvement of 10% in the pain. After one month, the intervals between episodes of pain were much longer and the improvement was 70%. Her constipation was 100% better. Two more remedies were added to the above combo:

#2. CC4.10 Indigestion + CC10.1 Emergencies + #1...TDS

At present, September 2015, the girl suffers from pains occasionally, about once a fortnight, an improvement of over 90%. Rather than give the remedy only when the pain occurs, the mother has been advised to give it **OD** as a preventative.

The patient's mother's comments:

In May 2012 our daughter, who was then 5 years old, started to get severe abdominal pain. She was getting the pain nearly every day and for most of the day. This continued for many months. After several check-ups and an abdominal scan, doctors could not find anything wrong with her. From May 2014 she also became constipated and her abdominal pain continued.

Towards the end of March 2015 she started to take Sai Vibrionics sugar pills in water. Within a few days she was no longer constipated. Her abdominal pain also became less and was no longer constant. She then started to have days where she was completely free from pain. Now in August 2015, she has occasional pain, on average once a fortnight. However, it is not as severe as before nor does it last very long. I would say there has been a 93% improvement in her condition.

The pills have had an immense impact on our daughter's life. The pain had been so severe that she was unable to sit cross-legged on the floor at school. There were days when she had to remain lying down and we were unable to go out and continue with everyday life. The medicine that she was taking for constipation was having no effect whatsoever and we had almost stopped planning too far ahead because we feared that our daughter might be unwell. Fortunately, with God's Grace, we learnt that our friend had just done the Sai Vibrionics course and in an instant I knew that this could be exactly what we needed. My biggest surprise was how quickly our daughter's pain receded. Also, if she does experience any pain now, it soon disappears as soon as she takes the sugar pill. This has been a godsend to all of us.

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18. Anal Fissure ^{10355...India}

A 75-year-old lady suffering from an anal fissure for the past two months was treated in July 2015. She had burning sensation while passing stools and could not eat anything spicy. She was given:
CC4.4 Constipation + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS

She did not take any other medication. After a month she had 80% relief in the burning sensation, the fissure size was reduced by half and she was able to tolerate small quantities of spicy food. After two months all of her symptoms cleared completely and she was able to eat normally. Her dosage was then reduced to **TDS**. As of October 2015, the patient continues to take her remedy **TDS** and is very happy.

Editor's note: As the symptoms have cleared completely, the dosage could be reduced to **OD** with gradual tapering down to the maintenance dosage of **OW**.

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19. Acute Acidity ^{10355...India}

On 15 May 2015, the practitioner treated a 52-year-old woman for acute acidity. For over a month, the patient had been suffering from indigestion, bloated stomach, very low appetite and flatulence. She was taking antacid tablets, which did not help. During the consultation, the practitioner learned that the patient was feeling aggravated about someone in her life. The practitioner prepared:
CC4.10 Indigestion + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...QDS

The patient stopped taking antacids when she started Vibrionics. Within a week, she reported that all her symptoms had been reduced by at least 30%, and after 4 weeks, by 90%. She was fully cured in two months' time, after which, the dosage was gradually reduced as follows: **QDS** for 4 weeks, then **TDS** for 2 months and finally **OD** for 2 months. The patient remains in good health and has not had a recurrence as of November 2015.

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20. Chronic Stomach Pain ^{10363...India}

A 14-year-old boy had been suffering from stomach pain for over a year. According to his doctor, this was a long-term effect of the pollen allergies he had suffered with since childhood. The pain was so severe that the boy would writhe on the floor for hours and missed months of schooling. He was being treated with allopathic medicines including steroids but this did not help. On 15 August 2013, when he came to the practitioner, he stopped all other medicines. He was given:
CC4.10 Indigestion + CC9.2 Infections acute + CC15.1 Mental & Emotional tonic...QDS

The very next day, the boy's mother jubilantly conveyed to the practitioner that her son's pains had virtually vanished after just one dose. They were reduced by 90%. The boy continued to take the remedy for four months, by which time he was cured completely. The dosage was then gradually reduced to the maintenance level of **OW** by June 2014. On enquiry in October 2015, the boy is normal and in good health.

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21. Earache ^{11568...India}

In July 2015, the practitioner's 13-year-old daughter developed an acute pain in her left ear. The pain had started after she attended a function where loud music was played and she happened to be near the loud speakers for about one or two minutes. She was given the following combo prepared in extra virgin coconut oil, about two hours after the pain began:
CC5.1 Ear infections...every 10 minutes, one drop of oil in the ear

The pain was gone in an hour and the parents were very much relieved. Next day, the dosage was reduced to **6TD**, then gradually to **OD** before stopping.

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22. Diabetic Gangrene ^{02786...Russia}

While visiting her friend in the hospital on 19 March 2015, the practitioner met a 72-year-old woman suffering from serious complications of diabetes. The patient had been brought to the hospital from her village after a stroke. She could not tell the practitioner how long she had suffered from diabetes but she knew her blood sugar was very high and she had been on insulin for a long time. Due to diabetes she had renal failure and she was almost blind from diabetic retinopathy. She also had diabetic gangrene of the feet and lower third of the tibia of both legs. The skin was dark brown. It had the appearance of tree bark

and was very rough to the touch. While in the hospital, she was told that she urgently needed surgery on her feet. She was given an appointment for the procedure a month after the end of the treatment for the stroke. Her health was so poor that she did not want surgery. The practitioner brought the following remedy in oil to her at the hospital:

#1. CC3.7 Circulation + CC21.11 Wounds & Abrasions...BD for external application

The practitioner smeared the patient's sore feet with the remedy every 15-20 minutes for about two hours in the morning and evening. After the first two hours, the patient said that her legs were becoming much better. With the practitioner's treatment, the legs continued to improve every day. A few days later the patient was discharged from the hospital. In addition to #1 in oil, she was given the following remedy to be taken orally:

#2. NM6 Calming + NM20 Injury + NM25 Shock + NM32 Vein-Piles + NM81 Glandular Fever + OM3 Bone Irregularity + SM15 Circulation + SM17 Diabetes + SM26 Immunity + SM27 Infection + SR264 Silicea 200C + SR298 Lachesis 30C + SR325 Rescue + SR408 Secale Corn + SR457 Bone + SR507 Lymphatic Organ...6TD for 1 month and TDS thereafter

Since then, the practitioner has been in contact with her by phone only. The colour of the legs changed for the better after a month and the surgery was cancelled. After three months, the legs recovered their normal colour. When the practitioner called her on 15 November 2015 she reported that her legs were absolutely normal. She was walking around the house and doing all her housework.

*If using the 108CC box give for #2: **CC6.3 Diabetes + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic***



23. Diabetes with Metformin Allergy ^{11567...India}

A 52-year-old woman came to the practitioner on 15 May 2015 seeking treatment for diabetes, which had been diagnosed six months earlier (Fasting blood sugar: 190mg/dL, normal 70-110mg/dL; Post-meal: 250mg/dL, normal 70 to 150mg/dL). Her diabetes was still not under control as shown by the results of a random blood sugar test that day (316mg/dL, compared with the normal 70-130mg/dL). The patient had not been able to take allopathic treatment because she had a severe allergy to Metformin and other diabetes drugs (She also had allergies to foods such as brinjal, fish and potato.). A single tablet of Metformin caused diarrhoea, dizziness and rashes, so she had tried homeopathic remedies without getting better. For the past three months she had been feeling weak and fatigued, she had developed a burning sensation in her feet, and she was experiencing a more frequent need to urinate, 2 to 3 times every night, which was disturbing her sleep. The patient worked as a washerwoman in multiple homes and suffered from a life of physical and mental stress. Her father was also a diabetic. The practitioner felt that her stressful life along with her genetic predisposition to diabetes may have triggered the condition. The practitioner gave her:

CC4.2 Liver & Gallbladder tonic + CC6.3 Diabetes + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS.

The vibrionics treatment made a significant difference. In ten days the burning sensation in her feet was half of what it was before, and she was getting up to go to the bathroom only once during the night instead of 2-3 times. Her blood sugar began to drop. In two months, her post-meal blood sugar was down to 156mg/dL. After another 1½ months' treatment, both her fasting and post-meal blood sugars were perfectly normal (Fasting: 92mg/dL, Post-meal: 115mg/dL; 11 September 2015).

In a follow up test on 29 October, a slight rise was seen in the post-meal blood sugar (Fasting: 90mg/dL, Post-meal: 181mg/dL). Upon further enquiry, the patient's son mentioned that on 19 October his mother had come down with a viral fever and had been treated with allopathic drugs including antibiotics for six days. During this time, she did not take her vibrionics remedy. Nevertheless, at this time the patient said that the weakness and fatigue were 50% better. The neuropathy in her feet remained unchanged since the earlier improvement. The practitioner asked the patient not to stop vibrionics and encouraged her to seek his opinion if in doubt.

As of November 2015, the patient continues to take the remedy **TDS** and is very happy that her diabetes is now under control.



24. Retinitis Pigmentosa, Panic Attacks, Indigestion ^{02802...UK}

A 65-year-old man with retinitis pigmentosa (RP), a progressive eye disease, sought treatment on 1 February 2015. He had been legally blind since the age of 15. Over the years, his vision had steadily worsened. Now he saw only a blur of black or grey, no colours. He also suffered from gas, high cholesterol (6.2mmol/L) and back pain, and he felt angry and frustrated. The patient had been prescribed a statin drug for the cholesterol but did not wish to take it. He was started on the following combo:

#1. CC3.7 Circulation + CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.10 Indigestion + CC7.1 Eye tonic + CC15.1 Mental & Emotional tonic + CC20.4 Muscles + CC20.5 Spine...TDS

During a follow up visit 10 days later, the patient reported feeling quite agitated. He had been having panic attacks at night, his sleep was disturbed and he felt very fearful that he would lose his vision completely. His treatment was changed to:

For mental and emotional symptoms:

#2. NM6 Calming + NM25 Shock + NM95 Rescue Plus + SM39 Tension... hourly until better, then gradually reduce to OD.

For vision:

#3. NM96 Scar tissue + NM72 Cleansing + OM25 Eye Retina + SR455 Artery + SR477 Capillary + SR526 Retina + SR539 Vein ...TDS

His mental state improved rapidly after this. The agitation and panic attacks were reduced by 75% within three days of taking #2. In a week's time, the symptoms were completely gone. After three month's treatment (4 May 2015) he felt his vision had improved by 50%. He could now see some colour and outlines of faces. He asked for treatment for his digestive problems and high cholesterol. At this time, he was not taking any medication apart from the vibro remedy. The practitioner changed the combo to:

#4. NM21 KBS + NM22 Liver + NM29 SUFI + BR20 Eye + SR216 Vitamin E + SR480 Cholesterol + SR561 Vitamin Balance + #3...TDS

When seen on 23 September 2015, the patient reported feeling much better and was interested in continuing treatment. He was no longer experiencing mental agitation, his gas problem was largely resolved (75% improved), and his vision continued to show improvement (60% better). He currently saw more colour and outlines, although the images were not yet clear. He felt optimistic about the future. As of October 2015, he was awaiting a blood test to check his cholesterol level. He also had an appointment with an eye specialist, at which time, as requested by the practitioner, the doctor would check for any changes in the retina.

If using the 108CC box give for #2: CC15.1 Mental & Emotional tonic and for #3 - CC3.1 Heart tonic + CC7.1 Eye tonic and for #4 - CC3.1 Heart tonic + CC3.5 Arteriosclerosis + CC4.2 Liver & Gallbladder tonic + CC4.10 Indigestion + CC7.1 Eye tonic

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25. Chalazion 02817...India

A young software engineer (aged 23) sought treatment for a big boil on the inside of her lower right eyelid on the 22 August 2015. The boil had developed three days earlier. She had seen an ophthalmologist, who diagnosed it as a chalazion and prescribed antibiotic and anti-inflammatory eye drops (Occumox K) and ointment (Ocupol-D). Despite the treatment, over the next two days, the boil became bigger and filled with pus. The doctor then advised surgery as the only option. The patient had undergone similar surgery for a chalazion 3-4 years earlier. He booked the procedure for the following day but because the doctor was unavailable, the procedure could not be done.

From past experience, the patient had faith in Vibrionics. She had been completely cured of acne, cold and fever with vibro three years ago. She stopped the eye drops and ointment and consulted the practitioner. She was given: **#1. CC2.3 Tumours & Growth + CC3.7 Circulation + CC7.3 Eye infections + CC10.1 Emergencies + CC12.4 Autoimmune diseases + CC17.2 Cleansing + CC20.4 Muscles & Supportive tissue + CC21.11 Wounds & Abrasions + potentised Wysolone*... in water, 5ml oral dose every hour; and also infused in rose water to be applied as eye drops, one drop every hour**

*The steroid Wysolone was potentised at 200C using the SRHVP, and one drop was added to the combo to expedite the healing process.

At the same time, the combo was continuously broadcast using the SRHVP.

On the third day of treatment, a lot of pus came out of the chalazion and the dosage for both the oral remedy and eye drops was reduced to **6TD**. After four days, the condition was 70% improved. Distant healing was discontinued and the treatment was adjusted to:

#2. Remedy #1 minus the potentised Wysolone...6TD orally and in eye drops

By the eighth day of treatment, the condition was 100% healed. **#2** was continued for one more week and then tapered off.

The practitioner's comment:

It appears that the healing process was sped up by giving the patient the same remedy in both physical and distant healing forms.

The patient's comments (see photos below):

The problem started on 19 August 2015. I had a boil with yellow pus in my right lower eyelid along with swelling. After 3 days of antibacterial eye drops and ointment prescribed by the ophthalmologist, there was no relief as shown in first photo. The ophthalmologist recommended surgery to remove the chalazion. Since I had faith due to past vibro healing, I decided to have vibro treatment.

The second photo was taken 1 day after I began the vibro treatment. Prior to this, the pus and swelling were much more. A day later I could see some improvement, although there was a pullout initially. On Day 3, suddenly, without any pressing or warm compress, all the pus came out painlessly by itself. The chalazion was almost gone within just 3 days of the vibro treatment. Only a little swelling was left. That too was reduced by the end of the day. On Day 4, only a slight redness was left. The swelling had been reduced by 80%. There was no pain. On Day 5, there was further reduction in the redness and the swelling was reduced almost 100%. On Day 6, the eye was fully healed with no trace of redness or swelling.



Day 2 (22 August)



Day 3 (23 August)



Day 5 (25 August)



Day 7 (27 August)

I had a tendency to develop chalazion and sty. I had this 3-4 years back. The chalazion had become a hard mass and I had to get it surgically removed. After surgery, I needed many days of antibiotic treatment and warm water compresses to heal. The process was very painful. Vibrionics cured me in less than a week, without any pain. All I needed was two brilliant vibro practitioners and faith. My heartfelt thanks to Sai Vibrionics!

On 8th September, when I went to the ophthalmologist for a check-up, he was very happy to see that my eye was completely healed. To his surprise my eye was recovered enough for Lasik (laser eye surgery). This was done successfully on 12th September. Post-surgery healing was very fast too, thanks to vibrionics.

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26. Painful Ovulation, PMS, and Painful Menses 03520...USA

On 21 March 2015, a 28-year-old woman sought treatment for painful ovulation (Mittelschmerz symptoms, mid-cycle syndrome), PMS and painful menses. The combination of these three had caused her great suffering.

She had been having mid-cycle ovulation pain for the past six to seven years. Her symptoms included bloating, nausea, stomach cramps and pelvic pain, and for the past two years, also spotting several times on the day of ovulation. The symptoms had all become worse since 2014. For relief, she took the prescription anti-inflammatory Naproxen and also used a heating pad on her abdomen when the pain was unbearable.

She had suffered with PMS and painful menses since the onset of menarche. Two to three days before her menses, the PMS symptoms would start, including bloating, feeling hot and cold intermittently, having an increased pulse rate and panting during physical exertions such as climbing stairs. The symptoms also continued 3 to 4 days into her period and overlapped with her menses pain.

The day before her menses, she got stomach cramps. The cramps became excruciating on the first day of her period, when she got additional symptoms including pain, acne, bloating, nausea and tender

breasts. The pain on the first day was so great that she was unable to even walk. Most of the time she took a pain killer and waited for the pain to get better in 3 hours. Since the summer of 2014, these first-day symptoms had started coming back on the fourth day of her period. The practitioner prepared:

For painful ovulation:

#1. CC8.4 Ovaries & Uterus + CC8.7 Menses frequent + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.2 SMJ pain...TDS starting on day 9 of the cycle, up to and including the day of ovulation

For PMS and painful menses:

#2. CC8.6 Menopause + CC8.7 Menses frequent + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS, starting 4 days before the period begins up to day 5 of the period. If symptoms appear, take one dose every 10 minutes for 1 to 2 hours.

The patient started taking the remedy for painful ovulation on day 9 of her cycle, about 4 to 5 days before ovulating. This time she did not develop extreme nausea and bloating. Although she did have spotting once on day 13, the day of ovulation, she did not experience any pelvic pain or stomach cramps. This was an immediate and remarkable improvement.

On day 14, she took a final dose of **#1**. Before she had an opportunity to start **#2**, the practitioner decided to combine **#1** and **#2** and gave:

#3. #1 + #2...TDS in water

The effect of this treatment was equally striking. On 4 June 2015, the patient completed her second menses cycle and she did not experience any intermittent hot and cold feelings, increased pulse rate, panting during physical exertion and tender breasts. She was experiencing only a fraction of the other symptoms: acne and nausea (95% improved), and pain and cramping (90% improved). The only symptom showing minor improvement was bloating on the first two days (10% better).

The patient also ovulated once while taking **#3** without experiencing any cramps or pelvic pain (90% overall improvement). She had virtually no nausea (95% better). The other symptoms were also much reduced. She spotted once or twice as opposed to several times before starting the treatment, and she felt bloated only for an hour or two on day 14.

One test of the effectiveness of the remedy was that the patient was travelling a lot at these times. Travel generally worsened her symptoms but according to the patient, the remedies helped her tremendously. The patient also took walnuts to reduce the symptoms of PMS and menstrual cramps, and ate bananas for relief from bloating.

During a follow-up on 9 October 2015, the patient reported further progress. The latest improvements in the ovulation pain symptoms were bloating (90% better), spotting (95%), pelvic pain and stomach cramps (98%), and nausea (100%). On the PMS and menses pain, the improvements were bloating (90% better), nausea and stomach cramps (95%) and all other symptoms (100%).

As of November 2015, the dosage has been reduced to **BD** for a month, after which the practitioner will follow up with the patient to assess the further course of this treatment.

The patient's comment:

I recognized the worsening of my menstrual problems sometime during the later half of the year 2013. My worst concern was when I saw blood in the form of spotting and immense abdominal pain during my mid-cycle. I went for an ultrasound and a Pap smear test but the results did not show any abnormalities. My gynaecologist mentioned that my symptoms indicated a condition called a mid-cycle syndrome. The doctor recommended naproxen analgesic as a solution to my problem. However, after taking that prescription for a year I got concerned about the excessive use of painkillers.

That is when I contacted the practitioner and learnt about the Vibrionics therapy she had been practicing. I am a firm believer of natural therapies and therefore I decided to let the practitioner and her remedy help improve my condition.

I've been using the remedy for six months now and have been following a healthy lifestyle (as recommended by the practitioner) and my symptoms have improved up to 95%. I am very grateful to the practitioner and the Vibrionics remedy for such an amazing improvement of my painful condition. I highly recommend it to anyone who is going through a painful ailment before they go for other non-natural treatment.

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27. Leucorrhoea 10399...India

In March 2009, a 50-year-old woman from a village was seen at a rural medical camp. For more than two years, she had been suffering from a white vaginal discharge (leucorrhoea) along with pain in the waist

area and general weakness. She felt more comfortable talking about her problem to the practitioner rather than to her doctor. She was given:

CC8.5 Vagina & Cervix...TDS

After returning to her village the patient continued to take the remedy diligently for seven months. She took no other treatment. At the next camp, she reported a complete cure.

28. Ovarian Cyst ^{10940...India}

A girl of 16 was given Vibrionics treatment after she was diagnosed by her gynaecologist with a complex left ovarian cyst in early August 2015. She had been experiencing pain in her lower abdomen for three months and irregular menses. For the past month, she had also been having diarrhoea with loose motions 6 or 7 times a day. She told the practitioner that she had low appetite and low water intake, and that she liked to eat Chinese food. On 14 August 2015, she was given the following:

For ovarian cyst and irregular menses:

#1. CC8.1 Female tonic + CC8.4 Ovaries & Uterus + CC8.8 Irregular Menses...TDS

For digestive tract problems:

#2. CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.8 Gastroenteritis...TDS

She was advised to drink 2 to 3 litres of water daily, adopt a high-fibre diet and stop eating Chinese food.

After two weeks' treatment (28 August 2015) she reported 60% improvement in her symptoms. The loose motions had decreased to 2 to 3 times a day. She mentioned that at the start of her menses, some clots came out with the blood. To focus on the continuing bowel problem, **#2** was changed to:

#3. CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.6 Diarrhoea...TDS

On 2 September 2015 another clinical check up showed that the cyst was gone. After an additional two weeks, her bowel movements went back to normal, so **#3** was changed to:

#4. CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC4.10 Indigestion tonic...BD

At the same time, **#1** was also reduced to **BD**.

As of October 2015, the patient had fully recovered and was continuing to take the maintenance dosage of **#1** and **#4**.

29. Infertility ^{11176...India}

A childless couple who had been married for seven years were seen on 28 November 2013. The wife was 26 and the husband 32. They were desperate to have a child and had tried every possible treatment for infertility including allopathy, Ayurveda and homoeopathy without success. The practitioner prepared:

For the wife:

#1. CC8.1 Female tonic...TDS

For the husband:

#2. CC14.1 Male tonic + CC14.3 Male infertility...TDS

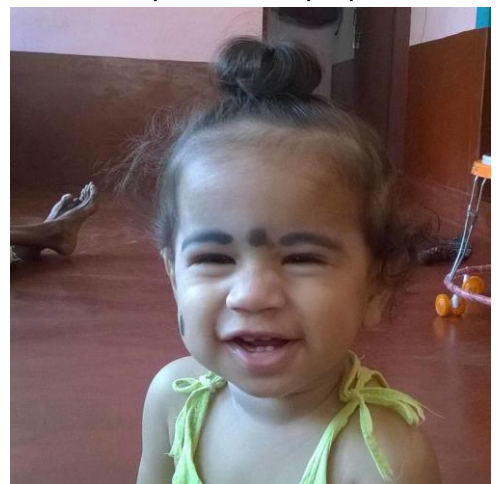
In January 2014, the wife's remedy was expanded to:

#3. CC15.1 Mental & Emotional tonic + #1...TDS

About a month later, in February 2014 she became pregnant. Her remedy was changed to:

#4. CC8.2 Pregnancy tonic + CC8.9 Morning sickness + CC15.1 Mental & Emotional tonic...TDS

The wife continued to take **#4** throughout the pregnancy, and on 24 October 2014, a healthy baby boy was born by normal delivery. The happy couple recently celebrated their son's first birthday.



30. Painful and Irregular Menses, Conjunctivitis ^{11177...India}

On 30 September 2010, a young woman aged 21 sought treatment for painful and irregular menses. For the past 1½ years, her periods were 5 to 10 days late. She had also contracted conjunctivitis 3 days earlier. She was not taking any medication for either problem. She was given:

For menses:

#1. CC8.8 Menses Irregular...TDS

For conjunctivitis:

#2. CC7.3 Conjunctivitis...TDS

In four days, the conjunctivitis was completely gone. The patient continued taking #2 for one more week before stopping. After three weeks' treatment with #1, her period came at the normal time without any pain, and the menstrual problems did not recur. She continued taking #1 for two more months, then ended treatment.

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31. Leucorrhoea and Prolonged Menses ^{11278...India}

A 47-year-old woman sought treatment for leucorrhoea (white discharge) and excessive bleeding during menses. The problems had been going on for one year. The patient's gynaecologist had diagnosed anterior wall fibroids and performed a D&C procedure in October 2012, but there had been no improvement in the symptoms. The patient also had high blood pressure, which was controlled with allopathic medications. The following combo was prepared in water:

CC3.3 High Blood Pressure (BP) + CC8.5 Vagina & Cervix + CC8.6 Menopause + CC12.1 Adult tonic...6TD in water

After three weeks, the patient reported 100% improvement in her condition. Her BP was normal. The combo was now prepared in pills and given TDS for the next two months. As the patient continued to be asymptomatic she was put on a reduction schedule: **BD** for one month followed by **OD** for another month and thereafter **3TW** for two months. As of October 2015, the patient had no gynaecological problems and was taking allopathic medicine only for the hypertension.

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32. Acute Cold ^{03523...UK}

A 37-year-old male developed the early symptoms of a cold after spending time with other family members who were sick. The symptoms had just surfaced and he was not taking any medication. On 22 March 2015 he was given the following combo:

CC9.2 Infections acute + CC12.1 Adult tonic...TDS

After one day he felt a little better. At least the symptoms did not get worse. By the third day, the symptoms were 90% cleared so he was asked to reduce the dosage to OD. By the fifth day, he was 100% better and stopped taking the remedy.

Editor's note:

Prompt treatment with the Vibrionics remedy in this case effectively stopped the cold from progressing.

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33. Cold & Cough ^{10400...India}

A 52-year-old woman was treated on 4 July 2015 for cold symptoms. She complained of a runny nose for the past month and constant fatigue. She had taken Crocin (paracetamol) but the relief lasted only one or two days before the symptoms recurred. For the past thirty years, she had a tendency to come down with cold, 4 to 5 times a year on average. She would start with a cold and end up with severe cough, which would linger for a month or so. Then she would take allopathic medication to get rid of it.

The patient was treated first for the acute cold symptoms:

#1. CC9.2 Acute infections + CC15.1 Mental and Emotional tonic...QDS

After ten days, she reported that she felt much better. Her symptoms had been reduced by about 80% without taking any allopathic medicines. Her remedy was then broadened to eradicate the potential cough:

#2. CC19.6 Cough chronic + #1...QDS

The patient took #2 for 15 days, after which she was symptom-free. She was very pleased with the outcome and stopped taking the remedy. As of November 2015, she remains well.

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34. Pain from Fractured Wrist ^{01644...USA}

The practitioner writes: When I was taking my AVP training in October 2012, Dr Aggarwal told us to make a Wellness Kit to carry with us. I am very glad I made up one because late one night a woman friend (63) who lives nearby and who is also a vibrionics practitioner, called to ask me to take her to the hospital. She had tripped over a large yoga ball in the dark and had broken her wrist and was in great pain – in fact, I didn't recognize her voice at first because it was so distorted due to the shock and pain. During the 20-minute drive to the hospital, I remembered I had the **CC10.1 Emergencies** remedy in the Wellness Kit in my purse. In the dark, I couldn't see how many pills rolled into the cap or how many got into her mouth

but after taking the remedy, something shifted almost immediately. Her breathing slowed down and her moaning decreased. I gave her another dose before we went into the hospital and two more in the hospital (though not in front of the staff). About an hour or so later, the doctor came back with the X-ray report. The patient had been given no pain medication up to this point. He asked her what her pain level was, from 1 to 10. She sat thinking for what seemed a long time and finally said, "7". The doctor said, "You must have a high tolerance for pain. Anyone else would have said the pain level was 30! You have broken bones that have been shoved up on top of the other side of the break."

The practitioner's comment:

With many prayers to Baba and because of **CC10.1 Emergencies** remedy, the patient was in less pain and a calmer state of mind in spite of a very bad fracture.

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35. Wounds and Abrasions ^{10363...India}

In the early evening of 22 September 2013, a 10-year-old girl fell into a gutter full of metal rods. As she tried to pull herself out, she injured her thigh. When she came to the practitioner, she was bleeding profusely from 9 or 10 deep wounds. The following combo was given:

CC10.1 Emergencies + CC21.11 Wounds & Abrasions...6TD

Her wounds started crusting later that night and were brown and dry by the morning. She had no bleeding or pain. The next day, not only did the skin become normal but there was also no scarring. The dosage was reduced to **TDS** for 3 days and then to **OD** for 2 days. Two years later, in October 2015, the girl's skin is perfectly normal with no signs of any injury.

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36. Cow Bitten by Snake ^{11972...India}

In a rural area of India, the practitioner was approached by a farmer whose cow had just been bitten by a deadly viper at 7 pm on 23 June 2014. The following treatment was started immediately:

#1. CC1.1 Animal tonic + CC10.1 Emergencies + CC21.4 Stings & Bites...every ten minutes for one hour

After this, the combo was changed to help remove the poison from the system:

#2. CC13.2 Kidney & Bladder infections + CC17.2 Cleansing + CC18.1 Brain disabilities + #1...one dose every two hours

The cow started to show signs of recovery so **#2** was continued at the same dosage all through the night and up until the next morning. As the cow continued to improve, the dosage was reduced to **TDS** for the next two weeks. In the end, the cow recovered 100% from the deadly effects of the viper bite.

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37. Jaw Pain, Inflammation of Gums and Palate ^{01163...Croatia}

A 56-year-old woman came to the practitioner for treatment of complications following oral surgery on her upper jaw a couple of months earlier. After the operation, she felt fine. Later she developed pain in the jaw. Her gums and palate had swollen, and it became too uncomfortable for her to get her dental bridge cemented. In May 2015 the patient was given:

#1. NM3 Bone Irregularity + NM39 Teeth Decay + NM89 Mouth & Gums + SM26 Immunity + SM27 Infection...TDS

After ten days' treatment, there was 30% improvement. This was sufficient for the dentist to fix her bridge. At the end of two months, the swelling of the gum and palate was reduced by 80%. However, the jaw was not completely recovered, so two new cards were added:

#2. NM96 Scar tissue + SR576 Tumours + #1...TDS

By September, all the symptoms had disappeared and the patient said she had no further dental problems.

If using the 108CC box give: #1. CC11.5 Mouth infections + CC11.6 Tooth infections + CC20.1 SMJ tonic + CC21.11 Wounds & Abrasions ; #2. CC2.3 Tumours & Growths + CC21.11 Wounds & Abrasions

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38. Barber's Itch ^{01767...Holland}

On 30 August 2014 a 40-year-old man sought treatment for barber's itch (a superficial fungal infection), which first appeared on 19 August. He had extensive patches on his face, eyebrows and head. He felt

these had developed due to stress from his job as an engineer. The patches looked so unsightly that he felt he could not even go to work. His doctor diagnosed this to be barber's itch and prescribed the antibiotic Fucidin. As this did not help, the patient stopped it on 29 August. Next day, he was given the combo:

#1. CC11.1 Hair tonic + CC11.2 Hair problems + CC15.1 Mental and Emotional tonic...6TD

When seen after a week (5th September), the patient reported 100% improvement. He had desisted from scratching and taken the remedy as prescribed. The patches had all disappeared and his skin had returned to normal. Patient was much relieved by the speedy healing. He continued on the same dosage for another three days, then tapered off to **BD** for three days, **OD** for a week, and **3TW** for a week before stopping.

However, the patient's children were affected too. On 5 September, patches appeared on the face and around the mouth of the patient's five-year-old son, and treatment was requested. He was given **the same combo...TDS**. No other treatment was given. He could not stop scratching till 8 September after which the itchiness was reduced and he had 100% improvement by 12 September. The dosage was reduced to **BD** for a week and then tapered off.

On 10 September, the patient's 10-year-old daughter also developed patches on her face and took **the same remedy...QDS**. After a week, the patches had started to disappear, and in another couple of days her skin cleared completely. She continued the remedy **QDS** for another week, **BD** for a week, and then gradually tapered off. One year later, all three patients remained free of barber's itch.

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39. Chronic Migraine, Skin Allergy ^{02802...UK}

A 50-year-old woman who worked as a full-time caregiver for the practitioner's elderly neighbour, sought treatment for severe migraine. She had suffered from migraine all her life. She experienced migraines most days, accompanied by nausea and occasional vomiting. She usually took 8 Paracetamol tablets per day for the headaches. Recently, the patient had also developed a skin allergy with some itching on her face. She was not taking any medications for this. On 28 July 2015, the practitioner gave her:

#1. CC4.2 Liver & Gallbladder tonic + CC4.6 Diarrhoea + CC4.10 Indigestion + CC10.1 Emergencies + CC11.3 Headaches + CC11.4 Migraines + CC15.1 Mental & Emotional tonic + CC21.3 Skin allergies...once an hour during migraines, followed by a gradual reduction to OD when better

After a week patient reported that she was feeling 75% better.

When seen again some 3^{1/2} months later (17 September 2015), the patient was very happy and reported a virtually complete recovery. She had stopped taking Paracetamol and was taking the vibro remedy **OD** only. Although the headaches had almost stopped, she still had some mental stress and concern about her elderly mother. She was given guidance on positive thinking and techniques for minimising worry by fully being in the present. Her remedy was changed to:

#2. CC18.1 Brain disabilities + #1...OD

As of October 2015, she continues to take this to help her cope with her worries.

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40. Alopecia Areata ^{02806...Malaysia}

A 9-year-old boy was seen on 28 March 2015 for treatment of spot baldness (alopecia areata). The patch was about one inch in diameter at the back of his head (mid-parietal region; see photo below). It had been there for six months. The boy had been under the care of a dermatologist since November 2014. The dermatologist gave him oral steroids for two months, an intradermal steroid injection on the bald site in December and steroid creams which the boy continued to apply until he saw the practitioner again. During this time, no growth of new hair was seen. The practitioner prescribed:

#1. CC11.1 Hair tonic + CC11.2 Hair problems + CC12.2 Child tonic + CC21.1 Skin tonic...TDS

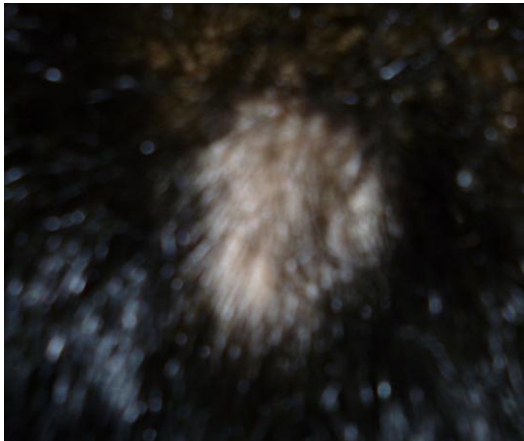
#2. CC21.1 Skin tonic...BD in aqua cream for local application

The patient stopped all allopathic treatment when he started Vibrionics. The bald area responded dramatically to the Vibrionics. After three weeks' treatment (18 April 2015), the baldness was 50% reduced with new growth of hair (see photo below). After six weeks' treatment (9 May 2015), the spot showed normal hair growth and no baldness remained (see photo below). Vibro treatment was continued for one more week and then stopped.

The patient's father's comment:

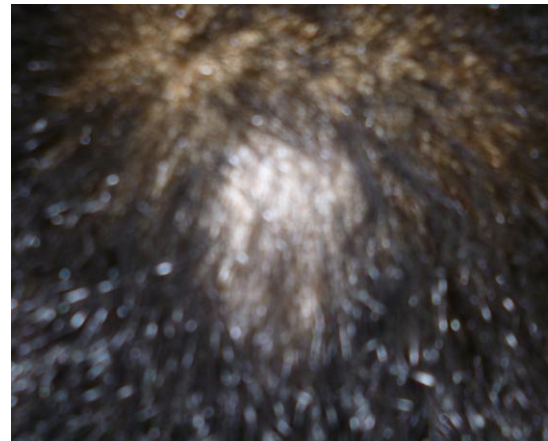
In November 2014, my son was diagnosed with alopecia areata. He had a bald patch on his scalp, the size of a 20-cent coin. He received treatment at the hospital and was given tablets, creams and injections,

but the bald patch did not show much improvement. In March 2015 we came to the Vibrionics clinic in SS3 Sathya Sai Baba Centre. We prayed to Swami and started the Vibrionics treatment. With God's Grace and blessings, the bald spot was covered with new hair growth by May 2015. We would like to thank Bhagawan and the good Vibrionics practitioner for curing my son.



2015

28 March



18 April 2015



9 May 2015

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41. Teething ^{03523...UK}

A 10-month-old baby girl was showing signs of teething. She had red cheeks, two teeth appeared to be emerging from her gums, and she had been experiencing teething pain for a few days. She had been given infant Paracetamol suspension to help her sleep. On 27 March 2015 she was given:

CC11.6 Tooth infections + CC12.2 Child tonic + CC18.5 Neuralgia...TDS

She would not take the remedy in water, but happily opened her mouth to receive the vibrionics pill. On the first day of treatment she slept through the night. The next day, her cheek colour was back to normal. Two days later, all signs of pain were gone with 100% improvement.

The dosage was reduced to OD with the provision that it was to be increased to TDS only if the teething pain increased. Six months on, the baby has ten teeth and is only given the remedy during teething episodes.

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42. Migraine ^{11568...India}

A 32-year-old woman who had been suffering from severe migraines for the past four years was seen in August 2015. She got them frequently. The episodes were triggered by a variety of situations eg, physical strain (journeys, going out for shopping, heavy work load during family functions), mental stress, loud music or noise, exposure to sunlight and lack of sleep. The headaches usually lasted from 24 to 48 hours. She had tried ayurvedic treatments without success. During attacks, she took allopathic painkillers, which she now hoped to avoid. She also suffered from bouts of nausea and restlessness that disturbed her daily routine. She was given:

CC11.4 Migraines + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS in water. During attacks, one dose every 10 minutes up to two hours if needed.

After three days' treatment, she did get a migraine headache, but as soon as the symptoms appeared, she started taking the combo every 10 minutes for an hour. She reported that she was pleasantly surprised to get relief after the fifth dose.

The patient continued taking the remedy at **TDS**. By 14 October 2015, she had 90% improvement and the dosage was reduced to **OD**. Fifteen days later (29 October), the patient said she felt she was completely cured because she did not have even a single episode despite a lot physical and mental stress and a lack of sleep during this period. The patient is now on a maintenance dosage of **OW**. In case of an attack, she has been advised to immediately take the remedy in water every ten minutes for one hour.

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43. HIV/AIDS ^{11177...India}

A 24-year-old woman with AIDS was seen on the 12 December 2012.

She came from a poor family. She had been infected with HIV by her husband, who had not disclosed that he had AIDS before their marriage six years earlier. A year back during the birth of her first child, there were complications and she was hospitalised. Blood tests done at that time revealed the shocking fact that she had contracted AIDS. Sadly the child did not survive. With her family's support, she filed for divorce then began treatment for HIV/AIDS at the local public hospital and was taking allopathic medications. She then heard about the practitioner from her neighbour.

When the patient came in, she complained of feeling tired. She looked run-down and showed symptoms of apathy, hopelessness, and lack of interest in life. The practitioner gave:

CC12.1 Adult tonic + CC12.3 AIDS-HIV + CC12.4 Autoimmune diseases + CC15.1 Mental & Emotional tonic...TDS

After starting vibro treatment, the patient began to improve day by day. She also continued taking the allopathic medications prescribed at the hospital.

She took the vibro remedy regularly for 11 months. During this time, her outlook became positive, even optimistic, and she started showing an interest in life. She found a job and started working. She asked the practitioner if she could get married again. The practitioner advised her to have her blood rechecked. The patient did so. The hospital report indicated that she had made tremendous progress. Her blood count was within acceptable limits. The doctors said there was no longer any risk of her infecting her partner and that it was now safe for her to get married. The patient was very happy and immediately telephoned the practitioner to joyfully convey the good news.

The practitioner's comment: This was all Baba's leela (miracle).

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44. Stroke, Kidney Failure, Diabetes, Breathing Problem, Epilepsy, Double Vision, Speech Impairment ^{02895...UK}

A 62-year-old man was admitted to hospital on 23 March 2014 with fever, weakness and loss of appetite thought to be due to tuberculosis (TB). He was diagnosed with collapsed right lung and pneumonia, and was transferred to the Intensive Therapy Unit during the night, where heavy doses of TB medication were administered intravenously. His condition deteriorated. He developed minor stroke, diabetes, kidney failure, breathing problem, epileptic fits, speech impairment, visual disturbance (double vision) and a perforated oesophagus. Due to severe breathing difficulty, he was put on a ventilator and a tracheotomy was performed. He was heavily sedated and classed as terminal with 12 hours to live.

However, the patient continued in this state for nine weeks. He needed blood transfusion and dialysis every other day. When further tests revealed he did not in fact have TB, the TB medication was stopped. But because he had been erroneously given TB medication for four weeks, the patient developed kidney failure and diabetes, and also regular seizures.

After five months, the patient was discharged from the hospital with tubes attached for dialysis and intravenous feeding as he was still unable to take food or drink. He had recovered from the pneumonia but he still was on various allopathic medications, which he took intravenously. He was in this state at home for about eight weeks. In August 2014, the patient gradually started eating on his own, only a little pureed food at first.

On 23 August 2014 the patient was treated with the following combos:

For kidney failure:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Emotional & Mental tonic + CC13.1 Kidney & Bladder tonic + CC13.2 Kidney & Bladder infections ...QDS

For stroke, speech impairment, double vision, epilepsy:

#2. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 + Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities + CC18.3 Epilepsy + CC18.4 Paralysis + CC18.5 Neuralgia + CC18.6 Parkinson's disease ... QDS

Within two weeks, the patient had 100% healing of the kidney failure, speech impairment, double vision, breathing difficulty and almost all symptoms of the stroke. He did not need any more dialysis. He was able to walk to the bathroom and put on his clothes himself. But he was still unable to take solid food or drink.

The patient continued to recover. By October 2014, he was able to eat and drink normally, although he was limited to taking small quantities at a time. In November 2014, the patient started working part-time in his shop. As he felt he had recovered completely, he stopped taking the vibro remedies.

In due course of time he resumed his normal life. In February 2015 he travelled to India for four weeks. Upon his return, he commenced working in his shop full time. In March 2015 he started driving his car. In May 2015 patient was off all his allopathic medication in accordance with his doctor's instructions. He continues to do well as of October 2015.

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45. Overactive Bladder, Incontinence ^{03507...UK}

A 79-year-old man suffering from an overactive bladder and incontinence was seen on 21 April 2015. Fifteen years earlier, he had been diagnosed with prostate cancer and had undergone a radical prostatectomy. There was some remnant scar tissue after the surgery. Because of the prostate surgery and the scar tissue, the bladder capacity was much reduced resulting in frequent urination and incontinence, more so at night. This disturbed his sleep. The patient was not taking any medication for this. He was treated with the following combos:

CC10.1 Emergencies + CC12.1 Adult Tonic + CC13.2 Kidney & Bladder infections + CC13.3 Incontinence + CC15.1 Mental & Emotional tonic...QDS

After four weeks, there was some improvement, but it was not consistent. Some nights he would still be disturbed by the urge to urinate. In June his wife broke her leg. Preoccupied with supporting her and doing all the house work, he stopped his vibro treatment for six weeks. Two months after resuming his vibro, the patient reported 50% improvement in his bladder problems. Thereafter, the improvement continued in small incremental steps. On 26 September 2015, he reported 75% improvement. The night-time disturbances were now infrequent. He was happy with his progress. As of October 2015, the patient continues to take the combos at the prescribed dosage.

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46. Alcoholism ^{00534...UK}

The practitioner writes: A 25-year-old woman suffering from alcoholism and mood swings was for the last five years consuming a bottle of spirits every night. She was in denial about her addiction. She would become aggressive and angry towards family members. She was unable to hold her job for more than two to three weeks at a time due to her mood swings and poor time-management.

During her consultation on 9 July 2015, I asked her to tap along meridian points on her face (using EFT, the emotional freedom technique) as she was telling her story. She then began talking about having abusive partners (3 in all) since the age of 18. She was beaten up regularly but thought that this was normal and even a part of love. After her second partner, who was violent towards her, she started drinking to forget her pain and suffering. I explained the effects of drinking on her health and helped her to understand the benefits of developing a positive outlook and releasing negative memories, helping her to realise that we attract and become what we constantly think about (the "Law of Attraction").

I gave her the following combo:

CC3.7 Circulation + CC4.1 Digestion tonic + CC8.1 Female tonic + CC10.1 Emergencies + CC12.1 Adult Tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorder + CC15.3 Addictions + CC15.4 Eating disorder + CC17.3 Brain & Memory tonic + CC18.1 Brain disability + CC18.5 Neuralgia + CC19.1 Chest tonic + CC19.7 Throat chronic...TDS in water.

I also advised her to take a Vitamin B complex supplement as these nutrients would have been lost through years of alcohol abuse.

During the week following, she sent text messages to stay in touch, sharing her experience of how beautiful each day was. She then had an argument with her violent boyfriend and just let him go. She found this very easy to do. Having done so, she felt massive relief in her body. Two weeks later she was spending time in the temple saying she felt "peaceful and balanced" there.

After five weeks, she booked a follow-up consultation. I asked her to bring her liquor with her so a nosode could be made. She did not agree to this, but during the session, she said she did not in fact drink any more. She had stopped within a week of starting vibrionics treatment and had also started a new job. She was very happy. She said was planning a short holiday. She had already applied to go back to full-time studies to start a new life.

The practitioner's comment:

For the first consultation, I had reluctantly agreed to see the patient's mother about the problem rather than the patient herself as she initially refused to attend, but in the end she decided to come with her mother. By agreement with the mother and patient, I worked with the patient alone while her mother went for a walk. To encourage her to open up, I let her talk first about her health and her diet. This helped her to get over her nervousness. When the mother returned an hour later to pick her up, her daughter was smiling. The mother looked quite shocked to see that.

During the second consultation, the mother wept and said that she "had her daughter back". They cooked together and went for walks together, and there were "no angry outbursts at night". As of the end of September 2015, the patient continues to send me text messages saying she is fine.

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47. Severe Depression, Double Vision, Insomnia ^{01339...USA}

Acting on a friend's recommendation, an adult son emailed the practitioner in March 2014 seeking treatment for his 65-year-old mother. The mother had been suffering from depression and psychic disturbances for over three years. During this period, she also developed a cascade of physical ailments. She lost a lot of weight, had a hysterectomy, and also developed diabetes, high cholesterol, gallbladder stones, ulcers and heartburn, insomnia, severe migraine, sinus problems, haemorrhoids and currently diplopia (double vision). The physical problems deepened her depression. She was spending most of her day in bed, sleeping. The son said his mother's problems started around the time of his marriage (see his statement below). The mother's depression had been treated with psychotherapy and psychotropic drugs, and the family had also tried mediation and music therapy, but nothing seemed to work.

After receiving the son's email, the practitioner spoke with both the son and the mother by telephone on March 23, 2014. She mailed the following:

For depression and other mental illness:

#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic + CC18.1 Brain disorders + CC18.2 Alzheimer's disease...TDS for one week, then QDS

The patient had no pullout symptoms, so on the 12th day of treatment, #1 was replaced with #2 to now include treatment for diplopia:

#2. CC7.1 Eye tonic + CC7.5 Glaucoma + CC7.6 Eye injury + #1...QDS

In addition, she was given:

For insomnia:

#3. CC15.6 Sleep disorder...one dose 30 minutes before sleep. If still awake, one dose every 30 minutes up to 4 times. If the patient wakes up at night, repeat.

The practitioner heard nothing more from the family for six more months when the son emailed on 5 November 2014 to report that his mother had recently experienced a sudden and complete recovery from depression (see his statement below) and earlier, a complete recovery from diplopia. The practitioner contacted the family. The patient was very happy and grateful to Sai for restoring her to normal. She can now happily cook for the family and enjoy her life with her grandchildren, her son and daughter-in-law. As of October 2015, the practitioner continues to treat her for other physical issues.

The patient's son's emails:

23 March 2014:

My mother fell into severe depression in May 2011 and had never come out of it, not even for a short while. It seemed to get deeper and crazier as time passed. It started at the time of my marriage in May 2011. The real cause for depression was unknown but I felt it was caused by a mixture of various factors, such as her fear of losing her son to another woman, the wedding arrangements, stress, the super-hot summer and pollution in Mumbai and some disagreements with the in-laws. All this was boiling inside her and the trigger point was when my father-in-law said something extremely insulting just a few days before my marriage.

May 2011 was just the beginning of the change in her. She became extremely negative and full of anger. She is stuck in the past and is always talking about the past and also how many sins she has committed. She also repeats herself several times. She constantly cries throughout the day and is extremely scared

of death. She keeps thinking that her end is near and is afraid as to what she will be re-born as in her next life due to her bad karma. She calls me in office several times a day which is very distracting. Dad's behaviour also provokes her. Apart from her mental anguish, she's had several bodily ailments too in the past 3 years that just adds to the woes. She has lost a lot of weight. She's had a hysterectomy, diabetes, high cholesterol, gallbladder stones, ulcers and heartburn, sleepless nights, severe migraine headaches, sinus problems, haemorrhoids and now Diplopia and this is causing her to dive deeper into depression. She likes cuddling up in her bed and sleeping throughout the day.

We have tried Psychiatry Medicines and various alternatives (like psychotherapy, meditation, listening to calm music etc.) but nothing seems to work. In her state of mind it is impossible to meditate or to concentrate on anything positive. We try to keep her busy and get her involved but there is only so much we can do.

People say prayers do wonders and God performs miracles. Looks like God is not listening to our prayers. We are all still waiting for a miracle. I understand every person goes through ups and downs in life and we must pay for our bad deeds. But honestly, in the past 3 years Mom and we as well have suffered enough to burn bad karma from several lifetimes. We are slowly running out of patience and it gets frustrating every single day. It is harming our family especially my wife since we all live together in the same household.

5 November 2014:

I am very happy to inform you that my mother is now completely cured of her severe depression that she was in for over 3 1/2 years! It happened so suddenly, it took us a few days to realize that she is back to normal! I do not know how it happened, but I can most certainly give the credit to Swami, YOU and the Vibrionics medicines that you provided. She took them exactly as directed and it worked like a miracle. What psychiatry medicines did not do in 3 years, Vibro did in less than 6 months. Her double Diplopia also vanished much before she came out of depression. Don't remember exactly when. My family and I are immensely grateful to you. The last 3½ years were very difficult.

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48. Emotional Difficulties in a Child 02128...Argentina

A mother came to see the practitioner because she was worried about her 6-year-old daughter. She had a bad temper, she was obstinate, and school was difficult for her. The girl was given:

CC12.2 Child tonic + CC15.1 Mental & Emotional tonic + CC17.2 Cleansing + SR542 Aethusa Cyn...TDS

After two weeks' treatment, the mother reported that her daughter was 90% better. She planned to continue administering the remedy for a few more weeks.

Editor's note: **SR542 Aethusa Cyn** is already included in **CC12.2 Child tonic**.

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49. Insomnia, Tachycardia, Bulimia, Panic Attacks, and Painful Menses 02658...Italy

In November 2014, a woman aged 48 sought treatment for problems related to work stress. She complained of problems sleeping for the past 10 months and occasional tachycardia (abnormally rapid heartbeat). She was not taking any medication. She was given:

For insomnia:

#1. CC15.6 Sleep disorders...one dose to be taken ½ hour before bedtime and another at bedtime. An additional dose was to be taken if she woke up during the night.

For tachycardia:

#2. CC3.1 Heart tonic + CC15.1 Mental & Emotional tonic...TDS

After one month, her sleep and heart problems were both resolved. She stopped **#1** but continued **#2** for another month because of the ongoing stress. The patient kept in touch with the practitioner and in December, she received treatment for a seasonal bout of flu.

In June 2015 she sought help for panic attacks at night and also bulimia. In addition to work pressure, the patient also suffered from continuing financial difficulties and marital problems. When she quarrelled with her husband, she got angry and developed panic attacks and heart pain. She was treated with:

#3. CC3.1 Heart tonic + CC15.4 Eating disorders...TDS

After two weeks' treatment, her symptoms were 80% improved. She continued to take the combo for two more months. In August 2015, after further improvement, cleansing combo was added to her treatment to clear her system:

#4. CC17.2 Cleansing + #3...TDS

In September she reported painful menses, so #4 was discontinued and the patient was given the following combo for long-term use:

For painful menses, panic attacks, and bulimia:

#5. CC8.1 Female tonic + #3...TDS

As of October 2015, the bulimia and the panic attacks were completely resolved although the menses pain did not improve. She was continuing treatment with #5. The patient reported that she was also taking an occasional extra pill when she got upset from arguments with her husband and developed heart pain. She felt calmer after taking the vibro and the pain went away.

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50. Dementia and Slurred Speech after Breast Cancer Treatment 02864...USA

A woman (aged 47) contacted the practitioner seeking relief from ailments that had developed as side-effects of her allopathic treatment for breast cancer. After a double mastectomy in April of 2014, the patient had completed chemotherapy in November 2014 and radiation treatment in January 2015. Afterwards, she began to develop dementia and a slur or stammer in her speech. She consulted a neurologist for the dementia, who confirmed that her nervous system had been affected by the cancer and its treatment. The neurologist also noted that she exhibited extreme hysteria during her first consultation. She was depressed. Her sense of confidence had been eroded by the dementia and feelings of guilt – she believed that her son’s family had broken up due to her illness. She was also not fully cleared of the cancer. She was taking hormone therapy and breast cancer medications. The patient began Vibrionics treatment on 15 June 2015 with:

#1. NM5 Brain TS + NM6 Calming + NM25 Shock + NM67 Calcium + NM91 Paramedic Rescue + NM105 Visc Alb (F) + NM106 Visc Alb (FG) + NM110 Essiac + BR3 Depression + BR4 Fear + BR6 Hysteria + BR7 Stress + SM9 Lack of Confidence + SM13 Cancer + SM41 Uplift + SR253 Cal Fluor + SR256 Ferrum Phos + SR257 Kali Mur + SR265 Aconite + SR271 Arnica + SR281 Carbo Veg + SR345 Calendula...QDS

One week after starting the remedy, the patient called to complain of a severe urinary tract infection (UTI). The practitioner explained to the patient that the body was experiencing a pullout and releasing toxins, which were causing the UTI. Despite the discomfort, the patient was encouraged that the healing had begun. The practitioner immediately suspended remedy #1 and gave the following treatment:

For UTI:

#2. CC10.1 Emergencies + CC13.2 Kidney & Bladder Infections...6TD

The infection cleared within 2 days. The patient then resumed #1...OD with instructions to stop if the UTI recurred, go back to #2 immediately and resume #1 only when the UTI was clear. After 3 weeks’ treatment (6 July 2015), the patient reported a 60% improvement in memory retention. Her speech was almost back to normal and she felt emotionally steady. Her relationship with the family was also steadily improving. She continued to take #1...OD.

On 3 September 2015, the patient called to say that her medical report showed she was now clear of cancer. She had no memory problems, her speech was back to normal and she was feeling confident enough to go back to managing her business. As of October 2014, she was continuing Vibrionics treatment with #1...2TW.

If using the 108CC box give: #1. CC2.1 Cancers – all + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities

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51. Clinical Depression 03503...UAE

When a 60-year-old woman from Mumbai, visiting her daughter in Dubai, came to the practitioner on 21 January 2015, she was crying uncontrollably. Her family explained that for the last 21 years, she had been suffering from clinical depression. She was taking anti-depressants, which helped, but the depression had become worse over the last 9 years after her brother died suddenly from cancer. In particular between 9am to 2pm she would weep uncontrollably. After 2pm, she felt a little better. She suffered from a fear of death due to unexpected loss of her brother and the “loss” of her daughter who got married around the same time as the depression set in. She was taking 20mg of fludac (fluoxetine, an SSRI inhibitor) to help her get through each day. The patient’s other health issues included diabetes, high blood pressure, and neuralgia in her legs, which were all controlled with allopathic medications (Diamicon MEX 500 OD, Amlodipine, and Combiflam 400mg). Twenty-one years earlier, she had tuberculosis and also underwent a hysterectomy. The patient was given the following treatment for depression:

CC8.1 Female tonic + CC8.6 Menopause + CC10.1 Emergencies + CC15.1 Mental and Emotional tonic + CC15.2 Psychiatric disorders...6TD for 7 days, then QDS

Within three days of taking the remedy, the patient showed 50% improvement and stopped crying. After five days, she felt 80% better and stopped taking anti-depressants. By the nineteenth day, the periods of depression had shrunk from hours to minutes. The episodes lasted less than 5 minutes as compared with 3-4 hours previously and she also got back to normal much more quickly. In 4 weeks, the patient was 100% recovered. Nine months later, she continues to do well. She continues to take the remedy **QDS** as she is reluctant to stop for fear of relapsing. The practitioner will continue to observe the patient until she gains more confidence and will work with her to gradually reduce the dosage to **OW**.

The patient's daughter's comments:

Vibrionics is our magic friend. I was pained to see my mum crying so bitterly from 9am to 2pm each day. She cried like a baby and held onto anyone who could give her some support. After taking the Vibrionics remedy, from the second day itself she was feeling better and by the fourth day she was the happy mum I had known before. She is really enjoying her stay with us, as she is able to laugh and joke with us. Mother Sai has blessed my mum and our family. We are very grateful for the treatment and we pray that our vibrionics practitioner continues with this work.

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52. Chronic Depression ^{03505...UK}

A man aged 50 suffering from long-term depression came in for treatment on 20 December 2014. He was a mathematics teacher, hypersensitive to stress, mentally agitated, easily irritated and prone to angry outbursts. Three years previous he had also developed thoughts of suicide. His long struggle with depression since the age of 14 had eroded his self-confidence. He was not taking any medications. He was counselled and given:

CC12.1 Adult tonic + CC15.1 Mental and Emotional tonic + CC15.2 Psychiatric disorders + CC17.3 Brain and Mental tonic...TDS in water

After 10 days' treatment, the patient said that since starting vibrionics, he had not experienced any more depressive episodes, his quality of sleep had improved and he felt much better equipped to cope with stress. He kept in regular touch with the practitioner. At the end of three months, he reported over 90% improvement in his sense of well-being.

He gradually lost his suicidal thoughts. After six months' treatment, the patient wrote to the practitioner, "One possible change I have noticed sounds quite morbid, but most mornings I used to see a noose in my mind's eye after waking in the morning, which is a residue from when I felt suicidal when I was young. However, that image has rarely appeared recently."

After eight months (August 2015), the patient reported 95% improvement in mood. As of 1 November 2015, the patient was maintaining this improvement and continuing to take vibrionics.

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53. Tobacco Addiction ^{10400...India}

A 30-year-old man who had been addicted to chewing tobacco for the past fifteen years, wanted to give up the habit. He had not tried any treatment before he sought help from the practitioner on 2 April 2015. He was given:

#1. CC15.1 Mental & Emotional tonic + CC15.3 Addictions...TDS

After a week, the patient reported that he had cut down on chewing tobacco by 85% and felt less of an urge to consume it. However, he had suddenly developed indigestion. To correct this, he was given:

#2. CC4.10 Indigestion + CC17.2 Cleansing + #1...TDS

After three weeks, the patient reported that his tobacco consumption was down a full 95% and his indigestion was also 80% better. He telephoned after five weeks to inform the practitioner that he had stopped chewing tobacco altogether. His indigestion problem was also over. As of November 2015, the patient had not relapsed into his former addiction. But since this was a 15-year-old habit, the patient will continue the **TDS** dosage until a reduction procedure is put in place starting December 2015.

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54. Insomnia ^{11176...India}

A 75-year-old woman sought treatment for sleeplessness on 1 September 2015. The problem had been going on for eight months. She was not taking anything for it. She was given:

CC15.6 Sleep disorders...OD one hour before sleep

Over the next few weeks, she saw steady improvement. After one week, she was able to sleep for 2 hours a night. The next two weeks it was 4 hours a night. By the end of another four weeks she was completely cured of insomnia. As of late October 2015, she was enjoying good, restful 12-hour sleep from 9 pm to 9 am daily. The patient was advised to gradually taper off the treatment.

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55. Alcohol Addiction ^{11210...India}

A 26-year-old man had the habit of drinking every day. This had been going on for four years. He attributed his addiction to mental stress arising from property disputes in the family. In 2011 his blood pressure was so high that he had to be admitted to hospital for treatment, though his BP returned to normal after treatment. In May 2013 he asked his mother to help him find some treatment to break his drinking habit. She contacted the practitioner, who gave the following remedy:

CC15.1 Mental & Emotional tonic + CC15.3 Additions...TDS

In August 2013 the family reported that he had completely given up drinking. He refused to take even light alcoholic drinks such as beer for fear of vomiting.

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56. Chronic Migraine, Indigestion, Panic Attacks, Pain in Limbs ^{03507...UK}

A woman aged 30 sought treatment for different health problems. She was suffering from migraine for several years, dyspepsia with acid reflux and mild panic attacks for over five years. She also had pain from an old fracture in her right foot and pain radiating down both arms for two years. She had tried painkillers in the past with temporary relief but was not taking any medication presently. On 25 November 2014 she started:

For indigestion and panic attacks:

#1. CC3.7 Circulation + CC4.1 Digestion tonic + CC4.10 Indigestion + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...6TD

For migraine, and muscular-skeletal & neurological pain:

#2. CC11.4 Migraines + CC18.5 Neuralgia + CC20.3 Arthritis + CC20.4 Muscles & Supportive Tissue + CC20.7 Fractures ...6TD

Within a week, her condition improved significantly. Her foot pain was completely gone. Her digestion greatly improved (90% better), the acid reflux stopped, and she was able to eat food like pulses and cereals which had given her indigestion in the past. She did not have any more panic attacks. On the whole, she felt her mental state was also much better (90%); she felt calmer and happier. Her migraines were greatly reduced (down 75%); even when she had an episode, it was not as severe and resolved quickly. She continued treatment.

On 12 January 2015 she came in for treatment of acute symptoms from a dog-walking accident that had occurred just that morning, one hour earlier. Her torso and back had been wrenched when her dog bolted suddenly to the side. She was dragged with the leash. Her torso was twisted abruptly. She had severe pain in her back and could not bend because of the pain. She also had chest pain on breathing. She was not taking any other medication. The practitioner asked her to suspend #1 and #2 and instead take:

For acute back pain and chest pain on breathing:

#3. CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC20.2 SMJ Pain + CC20.4 Muscles & Supportive tissue + CC20.5 Spine + CC20.7 Fractures...every 10 minutes for 2 hours

Within an hour, she felt the muscles in the back relax as though a knot had been released, and pain in her chest shifted to the solar plexus area, which allowed her to breathe without pain. Within two hours, the intensity of the pain had dropped to a tolerable "nagging" level, and she could bend her back.

The patient continued to sip the remedy every half hour. By next day she was almost back to normal, with only slight residual pain in the left side of her upper back. On 15 January, after 4 days of treatment, the pain was all gone. It did not recur. #3 was stopped and #1 and #2 were resumed.

As of October 2015, she has no chronic symptoms except for the migraines, which have been reduced by 90%. She continues to take #1 and #2 TDS.

57. Inter-axial Lesion, Indigestion, Vomiting & Constipation, Insomnia, Neurodermatitis, and Age-related Debility ^{11573...India}

The practitioner's 88-year-old great-grandmother was suffering from multiple ailments in June 2015. Her health had declined steeply after a fall in December 2012 when she fractured her right shoulder. She had also struck her head and got an extra-axial lesion. This led to a brain haemorrhage in February 2013. Four months after the haemorrhage she began to have bouts of vomiting accompanied by poor digestion. Her food intake was minimal, she could not even take water or tea comfortably and she got progressively weaker. Allopathic and ayurvedic treatments were tried but her condition did not improve. Homoeopathic treatment did give her some temporary relief.

Since the accident, she also developed neck pain, sciatica, insomnia, constipation, and most recently, a Neurodermatitis causing itching all over her body. She sometimes bled from scratching, which made the itching worse. The following combos were given in water:

For general well-being:

#1. CC3.1 Heart tonic + CC4.1 Digestion tonic + CC4.2 Liver & Gallbladder tonic + CC8.1 Female tonic + CC9.1 Recuperation + CC10.1 Emergencies + CC12.1 Adult tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities + CC19.1 Chest tonic + CC20.1 SMJ tonic + CC21.1 Skin tonic...TDS

For indigestion, vomiting and constipation:

#2. CC4.4 Constipation + CC4.6 Diarrhoea + CC4.8 Gastroenteritis + CC4.10 Indigestion + CC4.11 Liver & Spleen...TDS

Neurodermatitis:

#3. CC3.7 Circulation + CC12.4 Autoimmune diseases + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.6 Eczema + CC21.7 Fungus + CC21.10 Psoriasis + CC21.11 Wounds & Abrasions...TDS

For fracture and pain:

#4. CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine + CC20.6 Osteoporosis + CC20.7 Fractures...TDS

For insomnia:

#5. CC15.2 Psychiatric disorders + CC15.6 Sleep disorders + CC18.2 Alzheimer's disease + CC18.5 Neuralgia...OD at bedtime

A rapid improvement was observed. Within a week, the patient started to take water and lentil soup, her constipation was gone, the itching had subsided, the itch-scratch cycle had stopped, and her pain was reduced by 30%. She was now able to sleep peacefully.

After one month, a complete physical examination showed that her vital organs were functioning normally and that there was a 70% improvement in the extra-axial lesion. By this time, the sciatica and other body aches were gone, she was cheerful and mentally alert, and she had started taking a semi-solid diet. She continued with the same treatment.

During the last three months of her life she was often seen in meditative state talking happily about Swami. She had known Baba for 30 years but never talked about Him before commencement of her vibrionics treatment. She peacefully left for her heavenly abode on 12 October 2015.



58. Senile Dementia ^{10831...India}

A 96-year-old woman was diagnosed with senile dementia one year previous to beginning vibrionics. Her doctors did not recommend treatment because of her advanced age. The lady was unable to attend to her daily needs such as going to the bathroom. She was entirely dependent on her son, who looked after her virtually around the clock. He heard about Vibrionics and contacted the practitioner, who then visited his mother. The practitioner found her lying in bed completely oblivious to the outside world. She was given: **CC12.1 Adult tonic + CC18.2 Alzheimer's disease...TDS**

In less than a week after taking the above combo, the patient's reflexes started to improve. She became assertive, even stubborn, and refused to use the bedside commode, asking instead to be taken to the bathroom.

After another week's treatment, she started going to the bathroom on her own with the help of a walker and began to meet all such personal needs by herself. She continued taking vibrionics daily. With this, her condition was stable for two more years. Then at the ripe old age of 98 she departed on her heavenly journey.



59. Paralysis ^{11176...India}

On 16 July 2014, an 82-year-old man complained of dizziness and collapsed. He was hospitalized in an unconscious state suffering from paralysis. The doctors who examined him did not hold out much hope for his survival. After a week, he was sent home semi-conscious. He was not on any medication. The same day his son contacted the vibro practitioner, and the following remedy was given:

CC18.4 Paralysis...TDS

In the first week, a slight improvement was seen. After a month's treatment, the patient was fully conscious, his stroke symptoms were reduced by 20% and he had started to speak again. He continued to improve and eventually regained his motor abilities. After six months of vibro treatment, he was 100% recovered and back to normal. The dosage was gradually reduced to **OD** for maintenance.



60. Epilepsy, Irregular Menses, Constipation ^{11310...India}

A 13-year-old girl was seen for treatment of epilepsy on 16 September 2013. The seizures started when she was 8, six months after she fell from a 10-foot high roof. She began to have episodes every month. By the time she came for treatment, she was having seizures every 15 to 20 days, and she was suffering from headache and an urge to vomit. She was also very weak and constipated. The practitioner gave:

For epilepsy:

#1. NM50 Epilepsy + NM63 Back-up + NM86 Immunity...6TD

For lack of vitality:

#2. CC3.2 Bleeding disorders + CC3.7 Circulation...TDS

For constipation:

#3. CC4.4 Constipation + CC4.10 Indigestion...BD

On 10 November, her next visit after 8 weeks, the patient reported that she had suffered only one seizure, which had occurred just the day before. Her headache and nausea were also 50 to 60% better.

The treatment was continued for about 3 more months. By this time, the patient's original symptoms were 90% improved. However, she had developed irregular menses. Her menses were often 2 to 3 days late. She was also having a heavy white vaginal discharge and pain in the lower abdomen. At this point (4 February 2014), the dosage of **#1** was reduced to **OD**, **#2** and **#3** were stopped, and a new remedy was prepared:

For Irregular menses and vaginal discharge:

#4. CC8.5 Vagina & Cervix + CC8.8 Menses Irregular...6TD

The practitioner also advised the patient to take protein powder and drink plenty of water.

Two months later (7 April 2014), the patient reported that she was completely recovered – she had no seizures, headaches, nausea or menstrual problems. She wished to continue vibro treatment, so **#1** was continued **OD**, and **#4** was reduced to **BD**.

After another two months (3 June 2014), another combo was added:

Cleansing:

#5. CC17.2 Cleansing...TDS for one month only, with plenty of water

The patient completed the cleansing treatment successfully. As of October 2015, she was continuing to take a maintenance dose of **#1...OW** to prevent recurrence of epilepsy.

Editor's comment: For practitioners having only the 108CC box, **#1** above can be replaced by **CC12.2 Child tonic + CC18.3 Epilepsy**.



61. Chronic Sneezing and Runny Nose ^{02799...UK}

A 9-year-old boy suffering from chronic sneezing fits and runny nose was seen on 27 June 2015. His mother said that the boy had first developed the symptoms 8 years ago when he was only one-year old. On most mornings he would sneeze continuously for several minutes when he got up. He also got sneezing fits at school, which would last for 3-4 minutes. The boy was very distressed about it and this was worrying his parents. He had been prescribed nasal spray but this did not help. He was not on any other medication. He was treated with the following combos:

For sneezing:

#1. SR520 Phrenic Nerve (CM)...single dose in water administered by practitioner

For sneezing and runny nose:

#2. CC12.1 Adult tonic + CC12.2 Child tonic + CC17.3 Brain & Memory tonic + CC19.1 Chest tonic + CC19.2 Respiratory allergies + CC19.6 Cough chronic + CC19.7 Throat chronic...QDS for a month, then **TDS**

After two days' treatment, the patient's mother phoned to report that the sneezing was 70% better. After three months' treatment, (26 September) the boy's mother said that he hardly sneezed any more. She felt the condition was 95% better. She also said that the runny nose had improved by 75%. The boy was asked to continue **#2 TDS** for a month, then reduce to **BD**.



62. Asthma & Cough ^{02877...USA}

A young man of 18 came in complaining of a runny nose, cough, and body aches on 13 December 2012. The same afternoon, he was started on the flu remedy:

#1. CC9.2 Infections acute...every hour in water until bedtime

The following morning he seemed 50% better so the dosage was reduced to **TDS**. However, two days later, he developed a sore throat and his cough and sinusitis got much worse. The combo was then expanded to:

#2. CC9.2 Infections acute + CC19.2 Respiratory allergies + CC19.5 Sinusitis + CC19.6 Cough chronic + CC19.7 Throat chronic...every hour in water

The patient felt slightly better (15%) the following day. The dosage was reduced to **6TD**, and after the third day, to **TDS**. After continuing on **TDS** for a week, his sinusitis was about 40% better. But the cough persisted, showing little to no improvement.

In the last week of December, he was given an antibiotic, Azithromycin. His sinusitis cleared up, but the cough persisted in a strange manner. On some days he rarely coughed and on other days he coughed non-stop.

On 3 January 2013 the practitioner tried a different combination to get at the cough:

#3. CC9.2 Infections acute + CC19.6 Cough chronic...every hour in water on day one, **6TD** on day two and **TDS** thereafter

The new remedy was no better. The cough improved on some days, and was very bad on other days.

Meanwhile, the doctor felt that the infection might not have responded well to the Azithromycin so he prescribed a different antibiotic. But the same pattern repeated itself with the cough. By this point the patient was quite frustrated and his chest was sore from the constant coughing.

Then an important observation was made. When the patient stepped out into a very cold environment from a warm place (e.g., leaving a heated room and going outside in winter) or vice versa, his cough was aggravated. When he remained indoors for two days at a time even during harsh winter weather, he rarely coughed. Another crucial fact that had been missed by everyone including his doctors was that, as a small child, the patient had been diagnosed with borderline asthma and had used an inhaler once or twice. With this new insight, the practitioner prepared a different remedy including treatment for asthma:

#4. CC19.2 Respiratory allergies + CC19.4 Asthma attack...every hour in water

The patient started it on 24 February 2015 and the very next day, he was 80% better! This remedy worked like a charm to relieve the suffering of more than two months. On the second day, the dosage was reduced to **6TD**, and on the third day, further reduced to **TDS**. By this time his cough had completely resolved and he was cured. The patient was not taking any other treatment including antibiotics when he started on **#4**.

The patient continued at **BD** for a week as a preventive measure. As of October 2015, the condition has recurred 2 to 3 times during weather change. It subsides within 2 to 3 days after taking **#4**.

Practitioner's comment:

This patient responded quickly to **#4** alone. Any alternative combo or addition of other combos to **#4** was not effective.

Editor's note: Since the patient was diagnosed as having borderline asthma when he was a child, another treatment approach would be to give **#4** for a longer period of time to facilitate a permanent cure, and then continue the patient on a maintenance dose to prevent the recurrence of the problem.



63. Asthma, Cold & Flu ^{03503...UAE}

A 50-year-old man was seen on 29 November 2014 for treatment of episodes of bronchial asthma, which he had since the age of 8, and also a tendency to get colds or flu every year at the onset of winter. During the last five years, he had suffered for between 1 to 2 months each year from the colds in addition to the

asthma. He often had to take two different courses of antibiotics to recover. As the winter was approaching, he had already started having asthma attacks, for which he needed to use a Ventolin inhaler at least three or four times a day. When seen, he had no cold symptoms so he was given:

For asthma:

#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.1 Chest tonic + CC19.4 Asthma attack...TDS

During the first three days of treatment, the patient suffered a pullout in the form of headaches and tiredness. On the fifth day he felt that the asthma attacks were 50% less. In ten days, the asthma was gone and he stopped using the Ventolin inhaler.

At this point the patient began to express cold/flu symptoms including a severe sore throat and cough. He was determined not to go to his allopathic doctor and was given:

For cold/flu symptoms:

#2. CC9.2 Infections acute + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC19.1 Chest tonic + CC19.3 Chest infections chronic + CC19.6 Cough chronic + CC19.7 Throat chronic...6TD in water

By the fifth day, the patient showed 100% improvement in sore throat, sneezing and runny nose. However, the cough and chest congestion seemed to persist even ten days later with no real sign of improvement. Suspecting a deeper underlying cause, the practitioner changed the remedy to:

#3. CC9.3 Tropical diseases + #2...6TD in water

The patient got a severe pullout for three days. He felt fatigued and very sleepy, but he was determined to continue. From the fourth day on, his cough improved by 40%. By the seventh day, the cough and chest congestion were gone and he was fully recovered. The patient continued the remedy at a reduced dosage of **TDS** for two weeks before decreasing it further to **OD** for another week. Eight months since his recovery, as of October 2015, he has had no recurrence of asthma or cold/flu and his chest remains clear.

The practitioner's comments:

This patient was completely healed with Swami's Grace. He is extremely grateful for what Sai Vibrionics has done for him. He has referred several patients to me and has also assisted in organizing three vibrionics camps for the construction workers in our country.



64. Chronic Allergic Rhinitis 03507...UK

On 1 December 2014 a 61 year old surgeon sought treatment for prolonged bouts of sneezing every morning due to chronic allergic rhinitis. He had the problem since childhood. During the early morning bouts, in addition to the incessant sneezing, he also suffered from runny nose and itchiness at the back of his throat. The sneezing fits could be triggered by house dust, pollen and other unknown causes.

Treatment with antihistamines and decongestants only gave temporary relief. The patient was not taking any medication for this when seen. He was treated with the following combos:

CC10.1 Emergencies + CC12.1 Mental & Emotional tonic + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic...TDS

After three weeks, the patient reported 60% improvement in his symptoms. He continued to take the vibro remedy. However, being a busy surgeon, he did not always manage to take it at the prescribed dosage or even at the same time. On 2 February 2015 the patient reported 90% improvement. The continuous bouts of sneezing were now rare occurrences. After six more months of treatment (30 July 2015), the patient reported that the improvement was sustained. He would sometimes get some wheezing at night, but the day-time sneezing had completely stopped. He gradually tapered off and stopped the vibro remedy. As of October 2015, the patient continues to be almost free of the symptoms of allergic rhinitis.



65. Shortness of Breath & Fatigue, Psychosis 03507...UK

A man aged 53 came in for treatment of dyspnoea (shortness of breath) on 11 February 2015. He ran a tailoring shop. He used to be a heavy smoker but had quit smoking four years earlier. In the past, he had suffered from asthma attacks, which were well controlled with allopathic medication. But two months ago, he began to experience severe breathlessness with the slightest exertion. Antihistamines and inhalers did not help. Even walking a few steps was difficult. He felt very tired, lacked energy and stopped going to work. He was seen by a physician in general practice and then a cardiologist. All tests were normal. Finally, his physician prescribed a mucolytic agent to clear any excess phlegm from his lungs. This also did not help.

The patient had his own explanation for the breathlessness. He believed that some people wishing him harm had put a curse on him. He had found tell-tale signs of black magic in his garden. His family and friends agreed with him. The patient was very worried, but the practitioner reassured him and asked him to trust in God. She prescribed:

#1. CC3.4 Heart emergencies + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.2 Cleansing + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities + CC19.3 Chest infections chronic...in water to be sipped **every ten minutes** throughout the day.

#2. CC3.7 Circulation + #1...6TD

The patient was asked to start taking **#1** alone. After two days' treatment, he reported a 30% improvement in the breathlessness, and was asked to discontinue **#1** and to begin taking **#2**. In two days' time, he felt 50% better and went back to work. He continued to improve and could walk much more. After a week, he noticed that while walking to his shop, he felt breathless only once, whereas previously he had been forced to make several stops on the way to catch his breath. He stopped the mucolytic agent prescribed by the doctor. After another week, he reported that at last he felt normal. When walking to his shop, he did **not** feel breathless nor did he need to stop and rest even once. On 27 February 2015, he reported that he was completely recovered.

The practitioner advised the patient to continue taking the remedy **6TD** for one more week, then **TDS** for two weeks followed by **OD** for two weeks before stopping. However, patient stopped the vibro after only two weeks as he felt well.

In May he became severely ill again with breathlessness and had to be hospitalised. A chest physician diagnosed COPD. The patient's lung function had been compromised by his smoking, which he had given up only in recent years. As of October 2015, the patient continues to do well and leads a normal life.

Editor's note:

This report demonstrates how Vibrionics helped in an acute case of breathlessness where other medicines did not work. For a patient of COPD, it is essential that vibro treatment should be continued over a long period.



66. Hayfever ^{03507...UK}

A busy 42-year-old TV installer presented with symptoms of hayfever on 6 June 2015. He had been suffering from the condition since childhood. He said that the hayfever first started when he was 10 after his father took him to see horses in the fields. Since then he would regularly get attacks every spring and summer with watery eyes and a runny nose, and also a feeling of malaise and internal agitation. He had tried different antihistamines without success. **Now** he was not on any medication. He was treated with: **CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.2 Respiratory allergies + CC19.5 Sinusitis...TDS**

The first dose in water was put directly under the patient's tongue. After a couple of minutes, the patient said that although it sounded `daft`, he felt much better already. He felt calm inside. The agitated feeling had subsided. After half an hour he said he felt `Right as rain!` He had stopped sniffing and looked better.

After two weeks, the patient reported that he had only been taking the remedy twice a day. When an attack was mild, the symptoms subsided within minutes. But on cloudy days when the pollen count was very high, he would get severe attacks, and then the vibro remedy had no effect. The patient was instructed that during severe attacks, he should increase the dosage to 6TD, the first dose of the day to consist of one dose every 10 minutes for 2 hours.

After three weeks, the patient reported no change in his condition. Upon further discussion, the practitioner learned that patient found it difficult to take the remedy at work. He had a hectic schedule and worked seven days a week, sometimes late into the night. The practitioner talked to the patient about the importance of a healthy lifestyle and diet, and also gave him instructions on relaxation techniques, deep-breathing exercises to practice in the morning and evening, and ways to minimise stress and attain a better balance in his life. Unfortunately as of October 2015, practitioner has not had any further feedback from patient.

Editor's note: Compliance to recommended dosage is essential for effectiveness of Vibrionics treatment.



67. Bronchitis, Cough, Chronic Indigestion ^{03524...USA}

A gifted singer of devotional songs (aged 68) sought treatment for chronic bronchitis. Her condition had started three years earlier with a cough with phlegm, which slowly developed into severe bronchitis. After this, bronchitis attacks were triggered by allergies to incense sticks and other strong scents. She regularly needed inhalers to breathe and often had to take antibiotics. Although she had been singing devotional songs for the past twenty years, she could no longer sing with confidence as she was afraid of the nagging cough and phlegm. She was mentally and emotionally upset and had started to feel fatigued resulting in some unintended weight loss. She had also been having digestion problems for at least 15 years. The patient was given:

For indigestion and weight loss:

#1. CC4.10 Indigestion + CC6.1 Hyperthyroid + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic...TDS

For bronchitis:

#2. CC9.2 Infections acute + CC10.1 Emergencies + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic + CC19.4 Asthma attack + CC19.6 Cough chronic...QDS for two weeks and thereafter TDS

The very next day she sent the practitioner an email saying that she was already on her way to recovery. After three days she felt much better with an overall improvement of 25%. In a week's time she was able to sing and offer her gratitude to her dear Lord. About a month after starting Vibrionics, she was 80% better and completely free of the cough and phlegm. Her digestion had also improved and she had gained three pounds, which was a lot for her because she was lean and had a high metabolism.

In mid-October 2015, the dosages for **#1** and **#2** were both reduced to **OD**. By early November, the patient was feeling 90% better overall. During Vibrionics treatment she did not take any allopathic medication except an occasional use of inhaler when needed.

The practitioner's comment:

The patient feels great about her weight gain and being free of chronic bronchitis. She is very happy and grateful to Swami for being able to sing again His Glory!



68. Chronic Lower Backache, Depression, Frequent Menses and Sneezing Allergy ^{03529...UAE}

A 38-year-old female sought treatment for a variety of symptoms. She had been suffering from allergic sneezing since childhood when she lost one of her parents in an accident. For the past 4 years, she had been experiencing low back and leg pain so she was unable to sit straight for long in a cross-legged position on the floor. She became depressed due to pain. During the past 3 months, her menses had been coming too frequently. She had not consulted any doctor as she strongly believes that Swami is her Doctor. Instead she prayed to Swami for relief. She was not taking any other medicine on 2 September 2015 when she was given:

CC8.7 Menses frequent + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic + CC19.2 Respiratory allergies + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissues + CC20.5 Spine...6TD in water

The patient took the remedies regularly with vibhuti. After a week, she reported a 50% reduction in back and leg pain and 100% relief in the sneezing. Within three weeks the patient reported more than 70% improvement in her overall health. By the end of 5 weeks, the back pain had completely gone, her leg pain improved by 80%, her menstrual cycle was back to normal, and she was feeling relaxed and emotionally energized. The dosage was then reduced to TDS. As of 8 October 2015, the patient reported she has no pain and is happily sitting on the floor for prayers and meditation.

The practitioner's comment:

After witnessing this patient's improvement and cure, her entire family has now switched over to Sai Vibrionics. In fact her friends have slowly started approaching me for vibrionics treatment as well.



69. Chronic Sneezing & Runny Nose, Irregular Menses ^{11177...India}

A 41-year-old woman sought treatment for chronic runny nose and sneezing on the 25 September 2010. The problem had persisted over 20 years. She suffered from bouts of continuous sneezing, sometimes sneezing incessantly for over 300 times, especially after washing her hair. She would then be so exhausted that she would need to sleep for 4 to 6 hours afterwards. She also suffered from a heavy feeling in the head and had painful irregular periods. She was not taking any medication for the conditions. She was treated with:

CC8.8 Menses irregular + CC19.2 Respiratory allergies...QDS

After two days, the patient reported that her runny nose and sneezing were 25% better. After two months all problems were 80% improved, so the dosage was reduced to **TDS**. After four months the patient made a full recovery. The patient still expresses her heartfelt gratitude to Swami, as she believes her illness was healed by His Grace.

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70. Chronic Throat Infection, Flatulence ^{11177...India}

The practitioner aged 45 decided to treat himself for chronic throat infection and flatulence, both of which he had for over two years. The throat infection flared up every 2 to 3 months, usually triggered by drinking cold beverages including cold water. It affected him badly as he was constantly on antibiotics. On 2 August 2010 the practitioner prepared:

CC4.10 Indigestion + CC19.7 Throat chronic ...TDS

He took no antibiotics or any other medication. After two weeks of Vibrionics, there was remarkable change. Both conditions improved by 70%. He reduced the dosage to OD for another two weeks. By the end of this, he was fully recovered. As of October 2015, the throat infection has never recurred and the practitioner can now drink any amount of cold water or other cold beverage without incident.

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71. Breathlessness, Sleep Apnoea, Neck Pain, Vertigo ^{11271...India}

On 25 February 2015 a son sought treatment for his 72-year-old mother, who was in the ICU with substantial breathing difficulties. In recent months, his mother had developed a tendency to doze off during the day, which the family thought was due to lack of sleep at night. On 15 February, she fell off her chair while dozing, broke the C7 vertebra in her neck, and was hospitalized. While in hospital, her symptoms of drowsiness, vertigo and breathlessness were diagnosed as evidence of a low blood-oxygen level. She was put on a Bipap machine for sleep apnoea, which made her quite uncomfortable. She was taking prescribed allopathic medications for multiple chronic health problems including Parkinson's disease, prolapsed disc, hypertension and deep vein thrombosis. The practitioner prepared:

For breathlessness:

- #1. **CC15.1 Mental & Emotional tonic + CC19.3 Chest infections chronic + CC19.6 Cough chronic...TDS**
- #2. **CC3.4 Heart emergencies + CC10.1 Emergencies + CC19.4 Asthma attack...6TD**

For sleep apnoea:

- #3. **CC15.6 Sleep disorders...OD** at 9:00 pm

Her son delivered the remedies to her in the ICU. Within a week there was noticeable improvement in her condition. The breathlessness and sleeplessness had improved by 60% and she was discharged. In four weeks her sleep problems had almost resolved completely and the breathlessness had improved by 80%. At this time, #1 was stopped and #2 was reduced to **TDS**. #3 for sleep apnoea was continued and new treatment for her neck fracture and vertigo was introduced:

#4. **CC18.7 Vertigo + CC20.5 Spine + CC20.7 Fractures...QDS**

By the end of April 2015 her breathlessness and sleep problems were almost entirely gone. The pain from the neck fracture was 20% less and the vertigo was 40% better. She continued to improve and by the end of May, the breathlessness and sleep problems had completely resolved, the neck pain was down 30%, and the vertigo was 70% better.

As the patient had other health conditions needing treatment including Parkinson's disease, leg pain caused by varicose veins and osteoporosis, #1 to #4 were stopped and new combos were given to address these while continuing treatment for the remaining symptoms of neck pain and vertigo:

#5. **CC3.7 Circulation + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine + CC20.6 Osteoporosis...QDS**

#6. **CC18.6 Parkinson's disease + CC18.7 Vertigo...TDS**

#7. **CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.4 Asthma attack...TDS**

The patient continued to make progress. By 8 July 2015 her neck pain was 40% better, her vertigo was 80% better, and the leg pain had improved by 50%. At this time, #7 was stopped and #5 and #6 were continued **TDS**.

When last seen on 28 October 2015, the patient had no breathing or sleep problems, there was steady improvement in the other symptoms and she was continuing treatment.

Practitioner's comment:

Because of her improvement, the entire family has been taking Vibrionics remedies for the last 6 months. On 28 October 2015 a Vibrionics camp was held at their home where 15 patients from the neighbourhood were treated. This was the first of the monthly camps planned from their home.

The patient's son's comment:

When my mother was in the ICU, I collected the remedies from the practitioner and started giving it to my mother even while she was in the ICU. For the first couple of days, it looked like her condition had worsened a bit but after that she started becoming better. Within a week she was discharged from the hospital and came home. For the last six months she has been continuing with the Vibrionics medicine and there is a tremendous improvement in her overall health. She is now back to the normal routine and even attends to my father, who is also a Parkinson's patient. My father aged 82 also takes Sai Vibrionics remedies now and they are both doing fine.

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72. Respiratory Allergies ^{11278...India}

A 62-year-old physically active male practitioner suffered for 10 years from an allergy to dust and pungent smells that made him sneeze and give him a perpetually blocked nose. By the year 2000, he was taking anti-allergy allopathic medicine almost daily. His blood-sugar level was mildly elevated but he was not on any diabetic treatment. By January 2010 his blood-sugar levels had climbed well above normal (Fasting: 150mg/dl and Post-meal: 200mg/dl) and he was also diagnosed with mild hypertension (140/80). He was put on a diabetes medication (Diamicrox R-6 OD before lunch) and also a blood pressure drug (Cardace 2.5 mg BD). On 15 January 2010 he began giving himself the following vibrionics treatment along with the allopathic medicines:

For respiratory allergies:

#1. CC9.2 Infections acute + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic + CC19.6 Cough chronic...TDS

For diabetes:

#2. CC6.3 Diabetes + CC15.1 Mental & Emotional tonic...BD, after lunch and dinner

For high blood pressure:

#3. CC3.3 High Blood Pressure (BP) + CC12.1 Adult tonic...TDS

Over the next three months, the frequency of his allergy attacks kept decreasing. By the end of this time, he was completely cured of the allergies. His blood pressure was also normal (110/70) so the doctor reduced his dosage of Cardace from BD to OD.

The practitioner continued taking **#1** for the next 5 ½ years, up to September 2015. During all these years the allergies never came back. He remains allergy-free as of November 2015. He continues to take **#2** and **#3** in addition to allopathic medicines for diabetes and high blood pressure.

Editor's note: The patient could have followed a reduction procedure for **#1** as soon as he felt that all symptoms had gone.

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73. Respiratory Allergy and Infection ^{11568...India}

A 65-year-old woman had suffered from a mild respiratory allergy since childhood but the allergy worsened in 2005 following a stressful incident in her family. She started feeling heaviness in her chest and developed a painful cough, breathlessness and sinus congestion whenever she was exposed to dust or air conditioning, or the weather changed. This led to frequent respiratory infections. She tried various allopathic and homoeopathic medications but did not get any relief. On 6 April 2015, she approached the practitioner. The patient had been suffering from mild fever and blocked nose for the past two days, and was looking weak and depressed. She was given:

CC9.2 Infections acute + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.2 Respiratory allergies + CC19.3 Chest infections chronic + CC19.5 Sinusitis + CC19.6 Cough chronic...6TD in water

She was advised to have a light dinner, avoid yoghurt and cold drinks and cover her nose with a mask when going out or cleaning the house.

After one day's treatment, the patient's fever was gone. But she developed sneezing and a runny nose. This cleared the blocked sinuses (50%) and the congestion in her chest (75%), which made it easier for her to breathe (50%) and helped reduce the pain when coughing (10%).

After one week, her nose was still runny but there were more improvements. The nasal congestion was completely gone, the heaviness in her chest, the cough and pain while coughing were nearly cleared (90%), and the breathlessness was greatly reduced (75%). By the next week, all her symptoms were gone except a minor cough.

After two more weeks, the patient reported that she was feeling healthy, happy and mentally relaxed again for the first time in a long time. The dosage was reduced to **TDS**. After one more week, her cough was also gone.

The patient called the very next day to report that she was again suffering from severe sneezing and a runny nose as she had been exposed to dust. The practitioner asked her to increase the dosage to **6TD** for a few days until her symptoms improved and to try avoid dust as much as possible.

After taking the remedy **6TD** for just two days, the patient was completely well again. The dosage was reduced to **TDS** for a month followed by **BD**. The patient remains in constant touch with the practitioner and in September 2015, she conveyed that she felt secure continuing this dosage.

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74. Acute Tendonitis with Nodules over Shoulder and Elbow Joints, Diabetes ^{01096...USA}

On 10 September 2014, the practitioner, who is a practicing physician, received a phone call from a 62-year-old patient who had developed extremely painful marble-sized (10-25 mm) nodules over both shoulder and elbow joints with highly inflamed tendons of both anterior joints. He was unable to move his arms due to the severe pain for the last two weeks. He had been exposed to lots of smoke following a fire at his business and then to dust from the construction work later. He had not sought any medical advice or treatment for his pain nor could he come to see the practitioner in person as he lived very far from her. He had been a diabetic for three years and was taking allopathic medicine (Metformin 1gm BD). He had previous experience of taking Vibrionics for diabetes and was willing to try again. He was given the following:

For tendonitis and nodules:

#1. **CC2.3 Tumours & Growths + CC20.4 Muscles & Supportive tissue...TDS**

For effects of smoke and dust:

#2. **CC17.2 Cleansing...OD**

For diabetes:

#3. **CC6.3 Diabetes...one dose at night, only if his fasting blood sugar goes higher than 140.**

[The practitioner notes: This dosage was prescribed based on his earlier experience of this remedy a year ago. His blood sugar would drop at times to as low as 50 from 200 within an hour of taking the morning dose, making him feel faint. But the night-time dose did not have such an effect. It would merely bring the fasting sugar down from 130-140 to 120. His wife panicked over his response to the morning dose so he had stopped taking the remedy]

The patient started to feel relief from the pain within a day or two and after four days, the pain had improved by 80%. But it took time for the physical symptoms like nodules to disappear. The patient reported 50% improvement in his tendonitis and reduction of nodules in two weeks. #2 was then reduced to **3TW**. By January 2015, he reported that his pain and nodules were cured completely. #1 and #2 were reduced to **OW** and stopped in March 2015 when he felt that all his conditions except diabetes had cleared. As of October 2015, he continues to take #3...OD along with allopathic diabetes medication.

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75. Neck & Shoulder Pain Chronic ^{01339...USA}

In March 2014 a hands-on healer (aged 42) sought help for neck and shoulder pain of 10 years' duration. He suffered from stabbing, shooting pain which originated in his neck and extended across the top of his shoulder blades all the way into the rotator cuffs of both shoulder joints. The debilitating pain affected his ability to treat his clients. He had tried different bodywork therapies with mixed results. Chiropractic treatment didn't help. Acupuncture and massage therapy helped sometimes but gave only short-term relief. The pain would quieten down for weeks or months at a time only to flare-up again.

The practitioner mailed the patient the following remedy:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue...QDS

Six months later, on 24 September 2015, the practitioner received an email from the patient reporting that his pain had been completely resolved after a few weeks of vibrionics treatment and never recurred (see below).

The patient's email:

"You've been on my mind lately, and I wanted to write to let you know that before I had finished the first bottle of pellets you sent me in 2014, all my pain disappeared. I should have written you a long time ago to let you know how effective the vibronics was for me, and how much I appreciate your help. Thanks to you for your beautiful seva and thanks to Swami for working through you to help us. Lots of gratitude to you. Sai Ram!"

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76. Pain & Weakness in the Knee and Leg ^{02870...USA}

An 80-year-old man sought treatment for continuing pain from a fall that took place one month before (in early August 2015), during which his right leg was injured. He had seen his doctor a week after the accident complaining of pain in the right tibia (shinbone) and right knee, pain radiating from his waist down his right leg, swelling in his right knee, and bruising on his posterior right thigh and leg. An x-ray revealed no fractures. The doctor recommended he wear a knee brace and consult with a bone specialist. The bone specialist recommended physical therapy as both his knees were losing muscle tone. The patient had been experiencing weakness in both knees for at least 6 months to one year prior to his fall. On 5 September 2015, the patient was given:
CC10.1 Emergencies + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.4 Muscles & Supportive tissue + CC20.7 Fractures...TDS

Just four days later, the patient felt a 50% decrease in pain. He also felt his knees were getting stronger so he stopped using the knee brace. Also, he no longer needed to hold onto a railing to pull himself up when going up the stairs.

On 14 September, he went for his first session with the physical therapist, although he did not feel the need to see the therapist, as he was experiencing only some weakness in his right knee but no pain. The therapist put him through a range of motion and weight-bearing exercises but was unable to find anything wrong with his right leg and discharged from therapy the same day.

After three weeks' treatment (27 September), the patient's dosage was reduced to **OD** since the pain was gone and his knees felt 75% stronger than they were prior to Vibrionics treatment. As of 10 October 2015, the patient remains pain-free. He is able to do all his normal activities with ease, which he had been prevented from doing after his accident. These included mowing the lawn, bringing in firewood, and taking out the trash. The practitioner has advised the patient to further reduce the dosage to **3TW** for maintenance.

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77. Chronic Leg Pain ^{03504...UK}

On 31 July 2015, the practitioner saw a 70-year-old lady who had difficulty walking due to pain in her legs. The pain was caused by a progressive weakening of her leg muscles over the past five years. She had seen her doctor, but no specific treatable condition was diagnosed and she was not taking any medication for the pain. She was treated with:
CC3.7 Circulation + CC12.1 Adult tonic + CC18.5 Neuralgia + CC20.1 SMJ tonic + CC20.4 Muscles & Supportive tissue...QDS

Within two weeks, the patient had 50% improvement in the leg pain. By the end of three weeks there was a further 20% improvement, and the patient said that she felt much better and could now walk without any difficulty. After seven weeks' treatment (20 September 2015), she was 100% better. The patient was very grateful for the complete healing. She was advised to reduce the dosage to **TDS** for 3 months, then **BD** for another 3 months and **OD** after that.

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78. Fracture of Humerus ^{03507...UK}

A 75-year-old man with a fracture of the left humerus (upper arm bone) was seen on 9 April 2015. Two weeks earlier, he had broken his arm in two places when he slipped and fell while playing golf. His arm was put in a cast and he was given strong painkillers for the excruciating pain but they did not give him any relief. They also upset his stomach. He would sit all day numb with pain. At night the pain also kept him from sleeping. He would just doze off out of sheer tiredness towards the early hours of the morning. He was treated with the following combos:
CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.6 Osteoporosis + CC20.7 Fractures...6TD

The patient stopped the painkillers as soon as he started the vibro remedy. The next day he felt there was some improvement in pain and he was able to get some sleep at night. After a week he said there was 30% improvement. His pain was now tolerable and he had no problems sleeping. He described the improvement as 'dramatic'. He was able to move around doing small chores using his right hand. After this, he reported a further 10% improvement in his pain every week. By the end of the fourth week it was 60% better.

At his hospital appointment at the end of May the consultant was impressed how rapidly he had progressed for someone his age. The X-ray showed the bone had aligned nicely and had started to fuse, so he was sent for physiotherapy [physical therapy]. The patient reported that he had now stopped taking the remedy as he felt the improvement had `plateaued off`. He had four therapy sessions over the next two months. By the middle of June, the patient had started to drive, and was able to use his left hand for light tasks. At his last follow-up in the hospital on 5 August, the consultant was very pleased with his progress and confirmed that he had had a `remarkable recovery` for his age. During the second week in August, the patient went back to playing golf, but only did a couple of light strokes. His left arm gradually got stronger, he was able to recover almost the full range of movements, and by 5 September 2015 he was happily back to playing his normal game of golf.

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79. Back Pain, Fatigue, Memory Loss, Dental Infection 03520...USA

A 70-year-old man approached the practitioner for treatment of back pain, lack of stamina, and short-term memory loss, on 4 June 2015.

He believed his back pain was sciatica that started ten years earlier. Currently he experienced daily pain especially while bending slightly, tilting his head, lying down, or coughing and sneezing. Two months previous, his pain had become so severe that he could not get out of bed and stand up. However, at the time of his visit, he described his pain as bearable, typical of the level that he had experienced for the past two years. The back pain might have developed from poor posture while sitting for long periods of time in front of his computer for over 16 years.

The patient's second concern was that he tired easily. Even mild exercise left him short of breath and exhausted. He thought this lack of stamina was due to incomplete healing from exposure to dust pollution carried by strong winds, to which he had been exposed while travelling by train in India in 2003. As a result of this exposure he developed a dry cough and chest pain, and was treated with antibiotics for a lung infection. He finally got relief from the condition by consuming dried monk fruit (luo han guo, a Chinese medicine) for a month.

His third concern was he had short-term memory loss dating back almost 30 years. He would think of doing something and the next moment, he would forget what he intended to do. He might remember what it was a few days later or not at all. His recall problems were occurring more frequently as he aged.

The practitioner gave the following remedies:

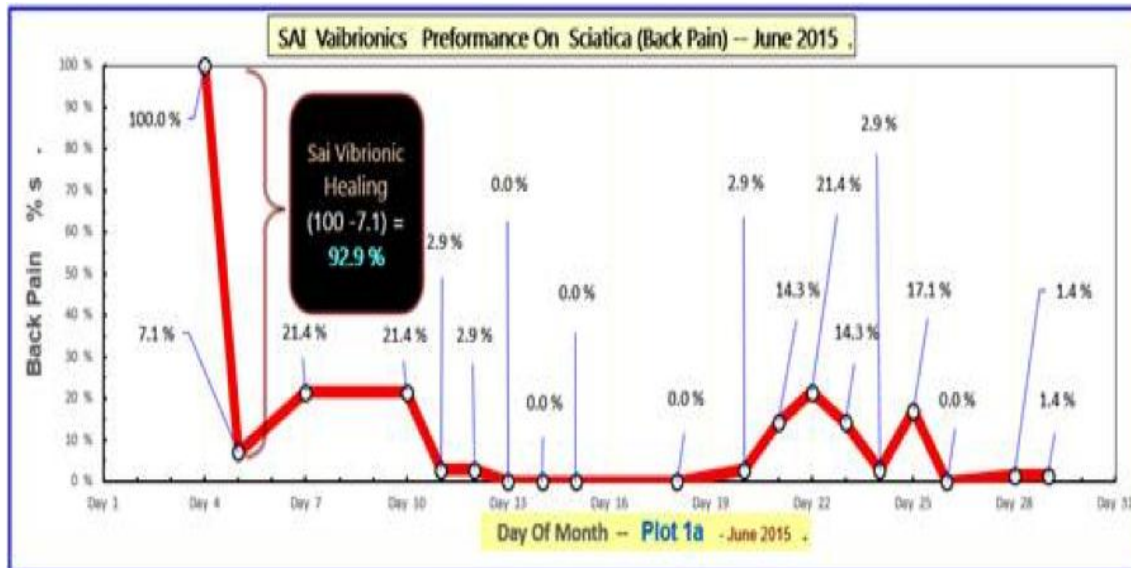
For back pain, exhaustion and memory loss:

#1. CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC18.5 Neuralgia + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscle & Supportive tissue + CC20.5 Spine...TDS in water

For lung function:

#2. CC19.1 Chest tonic + CC19.3 Chest infections chronic + CC19.4 Asthma attack...TDS

The patient reported substantial improvement during a follow-up ten days later. He said that when he awoke on 5 June, he felt hardly any pain. He estimated he had about 93% improvement in pain just after taking one dose of the remedy the previous day. Since then, he had been having only intermittent episodes of pain lasting a few minutes each time. In order to monitor the performance of vibrionics on healing, a daily log of the patient's back pain was kept and this is represented in a graphic form in the adjoining picture. He also felt his exhaustion was reduced by 75%.



During the follow-up, the patient also disclosed that he was suffering from dental symptoms which had been increasing. He had gum inflammation, tooth infection, swelling in the tongue area close to the infected tooth, and an inflamed upper jaw with a loose molar in it. He believed his problems originated from dental work decades earlier including a root canal in 1981. Following the root canal, he had more frequent gum and tooth infections. He was using garlic to control the persistent inflammation by keeping it pressed between the upper and lower teeth where the infection was present. Although this gave him temporary relief, the infection kept recurring. Presently, the molar in his inflamed upper jaw was so loose that he had to hold it while brushing. Because of the pain, he could brush only gently.

The patient said that five days after he started taking vibrionics, he decided to try remedy #1 for his dental problems too. Since he was taking #1 in water, he started holding some of the vibro water in his mouth in such a way that the water came in contact with the infected upper tooth as well as other inflamed parts of his mouth. The inflammation and pain improved by 95% in less than 25 minutes following this treatment. He kept repeating the treatment with the vibro water as the inflammation and pain kept recurring every 3 to 4 hours.

Out of curiosity, he also decided to do an experiment to test the pain-relieving properties of the vibro water. He first felt the pain in the loose tooth with his tongue. He then swished the vibro water around his mouth. After three minutes, he felt the tooth again with his tongue and he had absolutely no pain! By 11 June, the gum inflammation around the tooth had disappeared.

After hearing the patient's report, the practitioner sent him the following remedy for dental issues and told him to continue using #1 in the meantime as he had been doing:

Tooth, gum, jaw and tongue infection:

#3. CC10.1 Emergencies + CC11.5 Mouth infections + CC11.6 Tooth infections + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC17.3 Brain & memory tonic + CC18.5 Neuralgia...QDS, and also for vibro water to be held in his mouth as needed

Two weeks later on 30 June, the patient reported that relief in the back pain was still at 93% but he did have substantial improvement in his memory – he now recalled forgotten thoughts in 1-2 minutes, rather than in days or never. His dental problems were also better. There were no signs of inflammation in the gums, the loose tooth was stabilizing and he was able to go off his liquid diet and chew food including nuts with no pain.

The same upward trend continued during whole of July. The back pain was unchanged but it was now persistent throughout the day rather than intermittent. As for the other symptoms, the memory showed further improvement to 95%. The patient recalled forgotten information in a few seconds as opposed to 1-2 minutes. The tooth infection, gum inflammation, and tongue inflammation were completely resolved. The loose tooth was largely stabilized (90%) and tooth pain was gone. He was also able to remain active without fatigue or shortness of breath, a 95% improvement.

The treatment during August yielded a slight improvement in the back pain. The patient felt he had some residual pain (3%) remaining at the deep-tissue level. However, his dental health continued to improve beyond his previously reported symptoms and his energy level was high.

During a final follow-up a month later on 25 September, the patient was now fully recovered from all dental and exhaustion problems. His memory lapses were 99% better. He still had some sporadic deep-

tissue pain (3%) but the episodes were less frequent than a month before. In an effort to achieve 100% relief from the back pain, in the first week of October 2015, the dosage for #1 has been kept at TDS except that the 1st daily dose to consist of one dose every 10 min for 2 hours.

The patient's comment:

I extend my utmost gratitude to Sai and all the beings in the universe that had direct or indirect contributions to Sai Vibrionics. Gratitude is endless thanking; it never ends.

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80. Rotator Cuff Pain 03524...USA

On 9 July 2015, a 56-year-old man came in for treatment of chronic shoulder pain from a torn muscle. He had been in pain for five years. After other allopathic treatments failed, the patient had undergone surgery on his left rotator cuff in December 2014 and then done physical therapy but he did not obtain the promised relief. He was currently relying on painkillers to function in his everyday life. The practitioner gave him:

For shoulder pain:

#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue...QDS for 2 weeks and **TDS** thereafter until the pain was gone

On the third day, he reported a fever and general body aches. The practitioner immediately sent him:

For cold and flu:

#2. CC9.2 Infections acute + CC10.1 Emergencies...every 10 mins for the first hour and **6TD** thereafter until the fever was gone

The patient stopped taking #1 to focus on the acute symptoms. After three days' treatment, his fever was gone, he resumed #1, and in three weeks he was completely free of shoulder pain. He did not take any other medication including painkillers during the Vibrionics treatment. He also started on an exercise routine to strengthen his shoulder. On 9 September, he discontinued Vibrionics as he was completely recovered. As of early November 2015, the patient remains free of shoulder pain. He feels very grateful to Swami, the Master Healer.

The patient's comment:

Your medicine works like a wonder and I am completely healed!

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81. Injuries to Ankle and Leg 10304...India

A 28-year-old factory worker was hit by a scooter while riding his bicycle. His left ankle was sprained and the muscles of his left calf were injured. He came to the practitioner three months following the accident, after failing to heal with allopathic treatment. He was given:

#1. CC10.1 Emergencies...6TD for 1 day, then **TDS**

#2. CC20.4 Muscles & Supportive tissues...TDS

After 15 days' treatment, the patient reported complete healing - by the end of 10 days' treatment he was 50% better and after 5 more days, the pain was completely gone.

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82. Eczema 01044...New Zealand

A mother brought her 7-year-old son for treatment of chronic severe eczema on 12 April 2015. The practitioner, who is medical doctor herself, had first seen the boy at her medical clinic a week earlier. He had severe eczema from head to toe, his wounds were infected and scaling was present in areas all over body and scalp – there was no area of his body that was unaffected. The boy had been suffering with the skin condition for virtually all of his life. Although he was born with normal baby skin, a rash had started at the age of one month. The boy had also developed a lot of anger and was not sleeping well, and the whole family was affected.

At the clinic his mother was told how to care for his skin, and given antibiotics, steroid creams and barrier creams. These were the same treatments that the boy had received every few weeks from many other doctors over the past few years for the flare-ups, which were marked by cycles of severe itching and infection from scratching. Junk food made the outbreaks worse. The allopathic treatments provided only short-term partial relief.

At the clinic, the practitioner informed the mother that total healing was possible with Vibrionics. One week later, as there had been no improvement with the familiar medications, the mother requested treatment and was given:

For eczema, skin infection, and scaling:

#1. CC9.2 Infections acute + CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC21.1 Skin tonic + CC21.5 Dry sores + CC21.6 Eczema...TDS

The boy was asked to eat healthy foods and avoid junk food, and to drink plenty of water. He was also taught to remove any dead skin with warm soaks and a soft cloth so the skin could breathe better.

While taking the vibrionics the boy did not use any other treatment apart from the occasional steroid cream. He experienced no pullouts. Since he was in school all day, he managed to take **#1** only twice a day but within three weeks there was 30% improvement and normal skin growth was seen on his hands. The patient's mother told the practitioner that the boy was still not sleeping well as he was depressed by people's negative reactions to the appearance of his skin. He was given an additional combo:

For sleep problems and depression:

#2. CC15.2 Psychiatric disorders + CC15.6 Sleep disorders...BD

After seven weeks' treatment on 6 June 2015 the boy looked much better with 70% improvement in the eczema. When seen on 1 September 2015 he had 90% improvement. By that time, he was taking **#1** only once a day though regularly. He appeared happy and much calmer. No cracks or infection in the skin remained and many patches of normal skin could be seen. The healing of the boy's eczema had also resulted in great relief and happiness for the whole family.

#1 and **#2** were stopped and patient was put on:

#3. CC15.1 Mental & emotional tonic + CC21.1 Skin tonic + CC21.6 Eczema + #2...OD

As of late October 2015, the patient was doing very well, although he got minor flare-ups whenever he tried to eat foods not tolerated by his body. But he now knew how to control the outbreaks: he would take **#3...TDS** until the skin calmed down, and then step down the dosage to **BD** and finally **OD**.



12 April 15



9 May 15



1 Sept 15

83. Shingles ^{01163...Croatia}

An elderly woman of 82 consulted the practitioner on 25 February 2015. She presented with an outbreak of shingles (herpes zoster) along her back which was painful and blistered. She also felt extremely weak. She was given:

NM36 War + NM59 Pain + NM60 Herpes + SM26 Immunity...TDS

The effect was immediate. The same day, her condition improved by 50% and by the next day, all symptoms were gone. Since the virus was latent in her system, the remedy was continued for a month. During the treatment no other medicine was taken. As of October 2015, the lady has recovered her energy and is in good health.

If using the 108CC box give: **CC21.8 Herpes**

84. Eczema ^{01427...Singapore}

A 50-year-old woman sought treatment in March 2013 for severe eczema on her forearms, which had been continuing for over 30 years. The skin on both forearms was black, thickened, dry, crusty and very itchy. The patient was upset by her condition and looked miserable. She had tried various treatments, none of which had worked, and was not taking anything for it currently. She also had hypertension and high cholesterol, which were controlled by allopathic medications. She was treated with:

#1. SR295 Hypericum 30C + SR299 Lycopodium 200C + SR315 Staphysagaria + SR382 Croton Tig...TDS

After a few days, there was some improvement but the patient was dissatisfied because she felt the remedy was acting too slowly. She asked for something for topical application to speed up the healing. She was given **#1** in vibhuti for application on the eczema patches along with the oral treatment. After six weeks, the eczema patches were all gone. The patient happily showed the practitioner both her forearms, which had healed completely.

She was so impressed that she now wanted vibrionics treatment for other problems. Since her hysterectomy in 2007, she was often having abdominal pain which sometimes lasted for a few hours. But the doctor told her that she has to live with it since the scar tissue from the surgery had stuck to her ovaries, intestines and fallopian tubes. Also, for the past four years, she had been having frequent urinary tract infections, so her kidney area was often very tender. She was not taking any medication for this. She was given:

For UTI and abdominal pain:

#2. CC4.6 Diarrhoea + CC13.2 Kidney & Bladder infections + CC15.1 Mental & Emotional tonic...TDS

Within a few days there was improvement and the patient experienced much relief from her symptoms of UTI and abdominal pain. So long as she takes the remedy regularly at **TDS**, she is always almost free of pain.

85. Toe Infection with Ingrown Toenail ^{02554...Italy}

A female patient who was being treated by the practitioner for chronic depression, requested treatment for her son for his infected toe on the 8th of June 2012. The lady was separated from her husband who was later seriously injured in a car accident and was in a coma for three months. Although separated he continued to create a lot of problems which resulted in the lady developing severe depression. The boy aged 16 had a chronic infection on his left toe for over 4 years, arising from an injury when he stubbed his toe. Sometimes it improved but the infection kept recurring. Over the past year it had worsened and affected the boy emotionally. He had difficulty putting on his shoes, could not go swimming or take part in any sports, or socialise with his peers. The toe was painful, reddish, swollen to three times the normal size, and full of pus. The mother complained that she had spent much time and money on different specialist doctors and herbalists, without any improvement, even after the nail was extracted, which was now growing back although not straight and detached from the skin. He was not taking any medication, and had no other health problems. As the practitioner was going away, she could not see the boy and gave the following remedy to the mother on the 8th of June 2012:

#1. CC21.9 Nails + CC21.11 Wounds & Abrasions...6TD, and also, in organic olive oil to be applied to the toe in the morning and in vibhuti in the evening

After 15 days the only improvement in the toe was reduction in the redness. The pus was probably slightly worse. The patient had stopped all topical applications due to fear of it getting worse, and only took the pills.

When seen on 4 July 2012, the boy unburdened all his emotional problems and guilt feelings caused by his father's critical condition, his mother's depression, and the stress, trouble and expense caused to her due to his problem. The treatment was changed to:

#2. NM2 Blood + NM16 Drawing + NM26 Penmycin + NM36 War + NM63 Back-up + SR264 Silicea + SR292 Graphites 200C + SR316 Streptococcus...6TD

On 12 July 2012 the mother reported that there was much less redness and swelling but there was still a lot of pus. On the same day, the boy was started on the following remedy for emotional problems:

#3. NM83 Grief + BR4 Fear + SM2 Divine Protection + SM9 Lack of Confidence...TDS

Five days later they reported that infection had improved by 50%. Ten days later the improvement was 80%. The boy was amazed and very happy. The toe looked almost normal. From the third week the boy had reduced **#2** to **TDS** without consulting the practitioner. However, the improvement continued, but it was slower. After one and a half months the toe had healed by 90%-100% on the right side of the toe but the left side was not yet completely healed, the patient however stated he could see improvement every day. The mother told the practitioner the boy no longer took the remedies regularly.

On 27 July the combos were updated as follows:

#4. SR267 Alumina 200C + #2...TDS

5. CC12.1 Adult tonic + #3...TDS

On 23 September the patient reported 100% healing. The toe was now completely normal and the patient had stopped taking the remedies sometime ago.

The patient's comments:

Everything started one day when I banged my toe very hard against something. It caused a bruise which during the following days showed no sign of improving. It was also quite painful. I then discovered that the toenail was in grown. I subsequently began a variety of different therapies, such as mud packs, ricotta cheese, antibiotics etc. I tried so many that I cannot even remember all the methods I tried. After one year I went to hospital where they surgically pulled out the toenail. Even without the toenail the swelling did not go down. It was still very painful. After about 5 months the nail had grown back, but the infection did not heal. I could not take part in any physical activity at school. I had to buy shoes that were two sizes bigger than my normal size. One day my mother met the practitioner and she told her about vibrionics. We were convinced to try something else again. Within three days the toe was no longer inflamed and the pain had gone. By 20 days the swelling had also gone down and after a month I was completely healed. These humble granules had beaten modern surgery.

The practitioner's comments: This case was resolved completely. It was difficult because the boy was young and disappointed by the previous attempts to cure the problem. These therapies had been expensive and had not improved the condition. In some cases it had even worsened the situation. He also felt guilty that his mother who was suffering from deep depression, had to spend lot of time and money for this. In my opinion it demonstrated the importance of also working with emotional factors of the situation.

If using the 108CC box give: #2. CC21.7 Fungus + CC21.8 Herpes + CC21.11 Wounds & Abrasions; #3. CC15.1 Mental & Emotional tonic + #2; #4. CC21.9 Nails

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86. Psoriasis, Type 2 Diabetes, Watery Eyes ^{02799...UK}

A 59-year-old man suffering from severe psoriasis for the past 20 years was seen on 11 June 2014. The skin on his legs was dark, thick and scaly; this caused him much distress. He had been prescribed steroid creams, which he used regularly without much benefit. The patient also was being treated for type 2 diabetes for the past 12 years but the condition was not well controlled with his oral allopathic medication (Metformin and Gliclazide). In addition, for the past 1½ years, he had been suffering from watery eyes. He had been using eye drops for this, but the condition had not resolved. Patient was not on any medication apart from the allopathic medication for the diabetes. He was treated with the following combos:

For Psoriasis:

#1. CC21.1 Skin tonic + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.6 Eczema + CC21.10

Psoriasis...QDS for one month, then **TDS**. In addition, for external application on the skin, the same combo in extra-virgin olive oil was to be applied in the morning and throughout the day as needed for itching.

For Diabetes:

#2. CC6.3 Diabetes + CC10.1 Emergencies + CC12.1 Adult tonic + CC13.1 Kidney & Bladder tonic + CC15.1 Mental & Emotional tonic...QDS for one month, then **TDS**

For watery eyes:

#3. CC7.1 Eye tonic + CC7.3 Eye infections + CC7.4 Eye defects...QDS for a month, then **TDS**

The patient was advised about the importance of diet and exercise in controlling diabetes, and the importance of minimising stress as it can trigger a flare-up in psoriasis.

After six weeks' treatment, the patient reported improvements in all symptoms and the dosages were adjusted as follows:

- ❖ The psoriasis was improved by 30%. **#1** was continued TDS.
- ❖ His diabetes was now well controlled with **#2** along with his oral allopathic medication. **#2** was continued **TDS**.
- ❖ He had 100% improvement in his eyes, which were no longer watering. **#3** was reduced to **BD** for a week, then **OD** for another week before stopping.

The psoriasis condition continued to resolve with continued treatment. After three months, the patient reported 50% improvement and at the end of nine months (March 2015), 70% improvement. The thickening of the skin and pigmentation were very much reduced, and skin was reverting back to its normal colour.

When seen on 10 October 2015, the patient reported 95% improvement in psoriasis. The skin appeared almost normal with no thickening or darkness. His diabetes remained well controlled.

As of October 2015, the grateful patient continues to take **#1 BD** and uses it for external application as needed. He continues to take **#2 TDS**.

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87. Chronic Acne ^{03505...UK}

On 23 December 2014, a young woman of 18 came in for treatment of acne on her face, back and front of the body. She had suffered from acne since she was 8. She was currently a university student. In the past she had tried prescription medicines and various over-the-counter remedies without much success, and she was not taking anything for the condition now. She was given:

CC8.1 Female tonic + CC15.1 Mental and Emotional tonic + CC21.1 Skin tonic + CC21.2 Skin infections...TDS in water, and also in olive oil to be applied externally **OD** before going to bed

She was also asked to drink plenty of water daily to help flush out the toxins.

Over the next few weeks, the patient reported gradual improvement, most notably on her face. She saw further improvements as she continued treatment: 75% after four months, 85% after eight months, and 90% after ten months. As of 1 November 2015, the patient was continuing vibronics treatment.

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88. Food Allergies ^{03523...UK}

A woman (aged 67) sought treatment for a skin allergy she had been suffering from for seven years, ever since her return from a trip abroad. When she ate certain foods such as wheat and nuts, skin on her neck and head would blister and weep. Two years prior, she had also been diagnosed with high blood pressure, which developed after the death of a close family member. She was taking the antihistamine for her skin (Cetirizine tablets) and Amlodipine 5mg for high blood pressure.

On 25 June 2015 the patient was given:

#1. CC3.3 High Blood Pressure (BP) + CC3.7 Circulation + CC4.10 Indigestion + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.2 Skin infections + CC21.3 Skin allergies...TDS

#2. CC21.2 Skin infections + CC21.3 Skin allergies in water to dab on the affected areas with cotton wool as needed

During the first week she noticed that her skin rashes worsened. They became dry and then started to turn black. She was aware of a possible pullout and so continued taking the remedies. After another week, she stopped taking her allopathic allergy medication as her skin was steadily improving. After a month she said her skin was 95% better. She had also started to reintroduce wheat and small quantities of nuts into her diet. The practitioner asked her to reduce **#1** to **BD** and to continue to use **#2** only when her skin felt itchy.

As of 15 October 2015 she was able to eat wheat and nuts without getting skin rashes and she continues to take **#1...OD** as a preventative. Her blood pressure is normal when measured by the doctor but she has been asked to stay on her allopathic medication for BP.

Patient's testimonial:

These pills have really helped my skin condition when other treatments haven't. I had stopped going out as my skin looked so bad, especially on my face. Now that it is all better, I am so happy. If I start to feel itchy I take the remedy straight away and the itching stops. I can now eat bread, chapattis and nuts in my food without the rash appearing.

89. Nail Fungus ^{03524...USA}

A woman aged 65 was referred to the practitioner by a friend who had benefited from Vibrionics. The patient had a tendency to bite her nails. This habit had led to a severe fungal infection (paronychia) in the nails of her thumb, index and middle fingers on her left hand, and ring and middle fingers of her right hand. For 1½ years, she had been trying powerful allopathic drugs to cure the condition. So long as she was on the medication she felt her nails were getting better, but once she stopped, the fungus came back. On 9 July 2015 she was started on:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.7 Fungus...QDS for 3 weeks

Towards the end of July, the patient reported more than 40% improvement. She continued the same combo **TDS** for another month and was 100% healed. The dosage was reduced to **OD** in mid October 2015, and as of early November 2015, there was no recurrence. She is very grateful to Swami for connecting her with a Vibrionics practitioner.

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90. Psoriasis ^{11567...India}

A 7-year-old boy was seen for treatment of a skin condition previously diagnosed as keratoderma palmoplantaris, a variant of psoriasis. The boy had been having dry scaly lesions on his toes, fingers, elbows and knees for the past 18 months. The lesions got worse during winter and also when the boy got dehydrated from sweating and playing. His dermatologist had prescribed moisturizing and steroid creams for local application, along with vitamins A & D and calcipotriol tablets to be taken orally. With this treatment, the lesions subsided but they came back within a month once he stopped taking the medications. He was later given Ayurvedic treatment, also with little success. On 9 April 2015 he was given:

#1. CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC21.3 Skin allergies + CC21.10 Psoriasis...TDS and QDS for local application by dissolving 5 pills in 200ml of water.

Initially, the dry scaly lesions started to improve (about 50%). The skin became smoother. But from 20 April on, the skin began to dry out again. After consulting a senior practitioner on 2 May, the above remedy #1 was replaced with:

#2. CC21.1 Skin tonic + #1...6TD

#3. CC15.1 Mental and Emotional tonic + CC21.1 Skin tonic + CC21.3 Skin allergies + CC21.10 Psoriasis...QDS for local application in water

In addition the patient was asked to apply a water-based moisturizing cream (Venusia Max) **BD** to the lesions, once at night and once in the morning before he went to school. Before trying vibrionics, the patient had used this cream along with other allopathic creams with no success. The difference in this case was the addition of vibrionics.

After one month the lesions had subsided and the patient was completely healed. Beginning on 2 June, the dosages were gradually stepped down every month for the next 5 months as follows: **#2...QDS** (June), **TDS** (July), **OD** (August), **3TW** (September), **OW** (October). As of 2 August 2015, **#3** was also discontinued. When last seen on 26 October, there was no recurrence. See before and after photos below.

The practitioner's comments: The boy's parents are very happy. They are grateful to Swami for their son's complete recovery. They are also happy that the boy was spared from possible adverse effects of steroids.





Hand before treatment (9 April 2015)



after treatment (26 October)

ॐIn Additionॐ

We conclude this Birthday offering to Swami with a prayer.

Samastha lokah sukhino bhavantu

Samastha lokah sukhino bhavantu

Samastha lokah sukhino bhavantu

Om shanti shanti shanti Hi

May all the beings in all the worlds be happy.

Om Sairam Jai Sairam

Sai Vibrionics... towards excellence in affordable medicare - free to patients